

40 YEARS OF S.H.E.D

(Society For Human And Environmental Development)

**Dedicated to the memory of our Founder,
Begum Bilkees Idrees Latif**

BOARD OF TRUSTEES



MANECK DAVAR

President



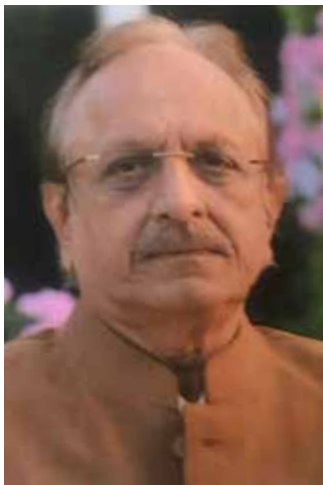
ASAD LATIF

Vice President



URMILA JAIN

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RAJENDRA TAWDE

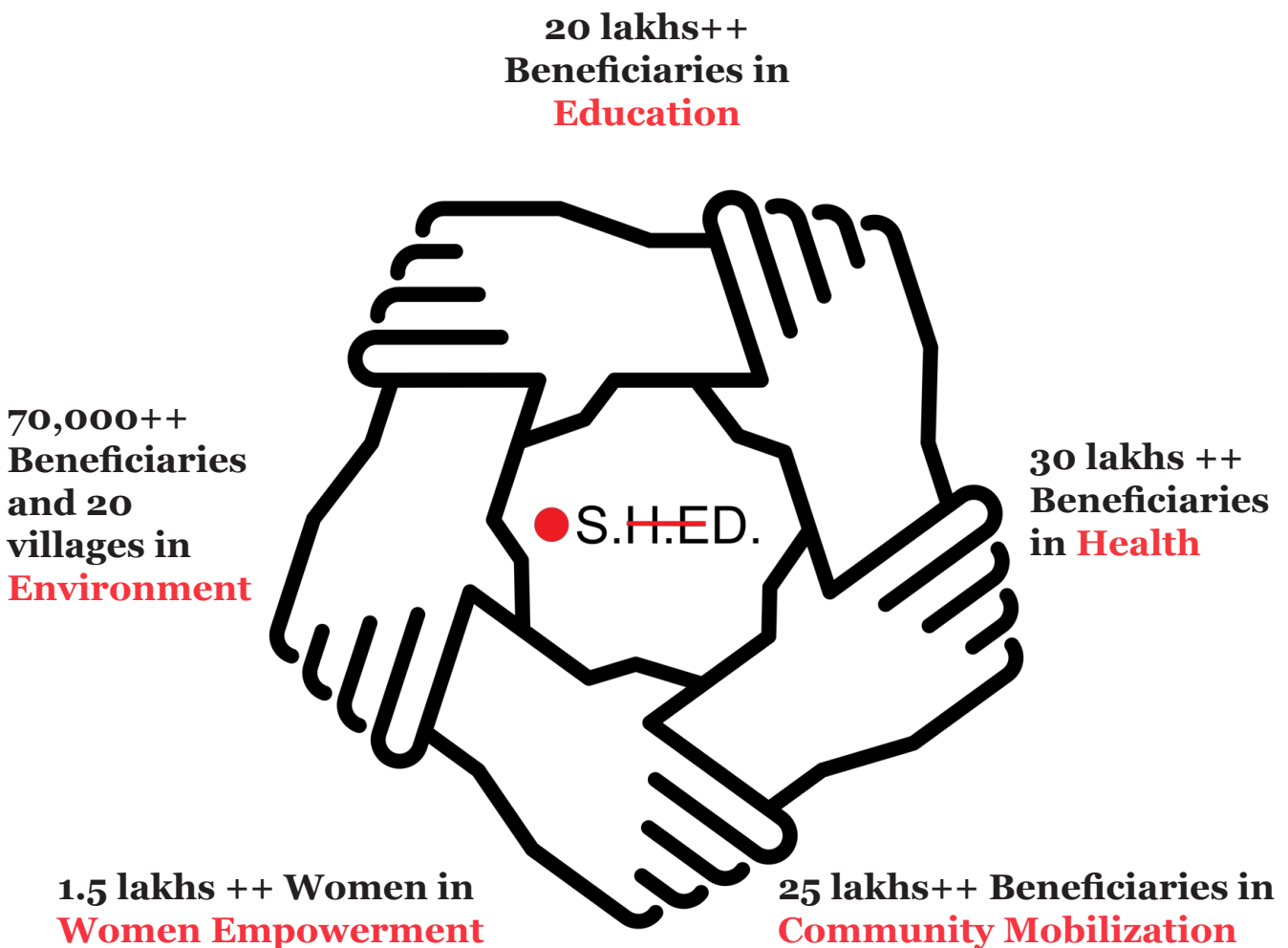
Chief Executive Officer

ABOUT ~~S.H.E.D~~

Society For Human And Environmental Development (S.H.E.D) was formed in October 1982 at Raj Bhavan, Mumbai, by Begum Bilkees Latif, wife of the then Governor of Maharashtra, as a Founder President. Maneck Davar is the current President of the organisation. SHED's mission is to empower the underprivileged, marginalized and vulnerable sections of society, especially women and girls, through activities promoting self-reliance and dignity. Among its main goals are the provision of essential amenities, healthcare, family welfare services, education, vocational training, and assistance to women and the elderly in urban slums and tribal areas.

With six different centers located in the slums of Dharavi, Jogeshwari, Mahakali and Sag Baug (in Andheri) and Kalina, SHED has been working to uplift slum dwellers in Mumbai and its surrounding areas for the past 40 years. In 1988, the organization established the Virathan Village in Palghar District for rural and tribal communities.

5 ~~PILLARS~~



MESSAGE ~~OF~~ TRUSTEES



MANECK DAVAR

President

As we reflect on the past year, I am proud to share with you the remarkable progress and impact SHED has achieved in the pursuit of a healthier, more empowered, and sustainable future for our communities.

One of our most significant achievements has been the establishment and operation of our rural medical centre, in collaboration with Inner Wheel District 314. The center has the capacity to reach over two lakh people and serves 29 village populations. This initiative marks a pivotal step towards improving healthcare access in rural and tribal areas, promoting preventive healthcare practices, and enhancing the overall well-being of our communities.

I want to express our heartfelt gratitude to Inner Wheel 314 for their unwavering support in various projects. Their commitment and collaboration have played a crucial role in our success. The entire team of Inner Wheel 314 has been instrumental in helping us realize our goals and

making a positive difference in the lives of those we serve.

We are also honored to have Roche Diagnostics Ltd as our long-standing corporate partner. Their continued support has extended beyond health initiatives to programs aimed at upgrading and promoting education facilities for tribal children. Roche Diagnostics Ltd has also been a vital contributor to scholarship programs, STEM labs, and other educational endeavors, further enriching the lives of our communities.

Our organization's focus has remained steadfast on our five core pillars: education, health and nutrition, community development and communal harmony, women empowerment, and environment. Throughout the year, we have conducted extensive training programs across our centers, reaching and empowering many individuals. In the fiscal year 2022-23, we successfully conducted 10 health camps, 42 community mobilization programs, and 28 awareness programs. Moreover, we are delighted to share that 2,510 women have directly benefited from adult literacy sessions held in Dharavi and Saphale. These accomplishments reflect our ongoing commitment to comprehensive community development and empowerment.

In particular, our environmental initiatives have borne fruit with the planting of 1,000 income-generating trees in SHED Saphale and neighboring villages. Additionally, we have empowered 20 women farmers through organic farming training, resulting in the planting of over 5,856 trees. These efforts not only contribute to environmental sustainability but also create economic opportunities.

This is all in addition to our continuous involvement in computer training, primary school education, supportive study classes, AIDS awareness, skill development and much more, benefiting all genders and demographics.

As we celebrate these achievements, let us renew our commitment to making a positive impact on the lives of those we serve. Together, we can continue to build a healthier, more educated, and empowered communities for generations to come.

Thank you for your continued support.



ASAD LATIF

Vice President

SHED has been, and is, a major part of my life, having been conceptualised and created by Begum Bilkees Latif in 1982, in her deep and heartfelt desire to help any and all of those who were most deserving and in need. Part of the SHED story, in her words:

From Tragedy to Triumph

I first visited Dharavi, the largest slum in Asia, in 1982. On that first visit, I saw the stinking drains lining the narrow lanes, fetid with water the colour of an elephant's hide. Under the mafia lords in Dharavi, the crime rate was said to be horrendous.

I arranged a meeting with over 90 Dadas of the Dharavi slum and discussed the future of their children. While I succeeded in convincing them that there could be a better and more promising future in abiding by the law, it was true (as they said) that there was inadequate schooling and absolutely no skill training facilities available in the slum at that time. Finally, they agreed that their children should follow a different path, and either go back to school or receive vocational training. It was then, in 1982, that we established the Society for Human and

Environmental Development (SHED), and the people said they would see to its safety.

The Municipal authorities thereafter approached me to work in Jogeshwari, Kalina, Andheri and Sag Baug, where we then opened SHED centres. Later our involvement was extended to 60 tribal and other villages beyond Mumbai, in the drought-prone semi-coastal region of Saphale in the Thane district of Maharashtra. I do believe that the Dadas' influence is now minimal. The police in fact have told me that the crime rate in Dharavi is now amongst the lowest in Mumbai! SHED's personnel have gained much trust amongst people, and are fully involved in help and rehabilitation work, spreading harmony and an amazing sense of communal understanding in Dharavi and several other slums.

Plea to all

There is so much to do all the time. We have a wonderful, dedicated team, but these slums have hundreds of thousands of people, with more pouring in, and we do not have the means to do everything that should be done.

In the words of Sir Robert Frost, often quoted at home -

"The woods are lovely, dark and deep, But I have promises to keep, And miles to go before I sleep, And miles to go before I sleep....."

There is still a lot to be done, thousands still in need. To our entire SHED team, many thanks for who you are and what you do. To all others, please do help us to help those who need it most!



URMILA JAIN

*Trustee / Executive
Council Member*

Congratulations to Society for Human and Environmental Development for completing 40 years of unstinted service to humanity.

Our pranam to Begum Bilkees Latif, Founder Chairperson of SHED. Her dedication to humanity is exemplary.

Her wonderful guidance to all the people with whom she was associated helped achieve the goals that were set for them.

Rajendra Jain, Founder Chairman of Aaren, and I are eternally indebted to her for guiding us in achieving our goals for the service to the people. The bond between Begumji and Rajendra, were instrumental in creating and servicing, on no-profit and no-loss basis, 10 hoardings for SHED to augment their income for their charitable activity.

After the demise of Rajendra in 1992, Begumji and SHED helped me in setting up vocational training classes at Geeta Nagar, a slum in South Mumbai, where more than 300 girls benefited. Later, this activity was shifted to Jogeshwari slums, in a Centre of SHED.

Thereafter, Begumji was instrumental to take me on the Board of SHED even though I was not trained for any such activity. Under her and all at SHED I learnt everything and whatever little I know today.

In 2010, to coincide with Rajendra's 80th birthday and Aaren Advertising's 50 years of existence, Begumji helped me set up **"Shri Rajendra Jain Centre for Empowerment of Women"**.

SHED has always been caring and has helped us immensely throughout. This is just to let you know that I cherish the special bond that I have with you all.

Thanks to Mr. Davar, Mr. Asad Latif, Mr. Tawde, Alka, Shamal, Indu Palekar, Hemant Gadke, Shrikant Shedekar, Deepa and all other personnel at SHED.

Jivah Jiveshu – Live and Let Live.

Always wishing the best to all of you in every way, and I wish that our bond will continue all the way.

Thanks and kindest regards,
Sincerely,
Urmila Jain

I was first introduced to SHED as Inner Wheel President of my club (IWC of Bombay Queen's Necklace) in early 2017. As we interacted/worked with the dedicated SHED team, we saw a good grassroots-level NGO, implementing efficiently.

“Adopt a Village” — The focus was to bring transformation from the grassroot level. The marquee project was a 360° sustainable approach to adopting tribal villages by providing rooftop water harvesting, borewell with tanks, water wheels, by planting trees and by providing meals to malnourished children, solar lamps, better education-Happy Schools, financial literacy to women and health camps for women and children. The vision was to leave a lasting legacy!

Impressed by these initiatives, over the years, other Inner Wheel and Rotary Clubs, including Inner Wheel District 314 collaborated with SHED. Corporates also joined in especially for sustainability in rural India. Key projects were developing a community centre—a facility spread over 4,000 sq. ft., which benefits 92 villages with an approximate population of 2,00,000—at Saphale, Maharashtra.

Another achievement was developing a Rural Health Centre equipped with visiting specialists, to promote a healthy lifestyle. Additionally, a Happy Inner Wheel Village to help transform the lives of the many underprivileged members of our society.

During the pandemic, SHED tirelessly reached out to remote red zone areas, providing rations, medical aid and plasma donations

I firmly believe “giving is not just about making a donation, it is about making a difference”. Thus, I enjoy working with the SHED team!

Hearty congratulations to Team SHED for four decades of relentlessly working towards the sustained happiness of the underprivileged communities.

Thank you.

Regards,

Paulomi Dhawan,
Trustee



PAULOMI
DHAWAN

*Trustee / Executive
Council Member*



PRAKASH
KUNDALIA

*Trustee / Executive
Council Member*



The sole cause of our association with SHED, which began almost a decade back, was Bilkees Aunty, the founder. The letter Radhika wrote at that time to her is testimony.

She was made of that rarest clay which combined elegance, laughter and joy in heart, in serving and empowering the underprivileged with no footprints. She believed that health, education and skill training were pivotal to progress.

We, Akshara Foundation, chose to introduce the computer literacy programme at four centers under the auspices of SHED, consistent with her vision and blessings. Our endeavour is to extend it to other SHED centers. We are grateful to them for their devotion and unbound co-operation.

It has been a privilege to be a part of the SHED family.

I am happy to present the annual report of SHED 2022–23.

Every passing year poses new challenges, and to overcome them, I am looking forward to your support along with that of other stakeholders. All SHED centres are running ongoing activities smoothly, benefiting marginalised communities.

Starting a rural medical health centre in Inner Wheel District 314 (IW314) is a significant achievement and a wonderful way to serve the community. It's evident that SHED has worked tirelessly to turn this dream into a reality. With the ability to reach over two lakh people and serve 29 village populations, the health center will have a profound impact on the healthcare of those living in these rural areas. This initiative can help improve access to medical services, promote preventive healthcare and enhance the overall well-being of the community. IW314 also supports us in various other projects, and we are grateful to their entire team for their help.

Roche Diagnostics Ltd has been our ongoing corporate partner for many years now and has supported us in education programs to upgrade and promote education facilities for tribal children. Along with health initiatives, they also support us by offering scholarships, stem lab, etc.

Our focus continues to remain on the five thematic interventions of education, health, community development, women empowerment, and environment. We have trained many people during the year across centres.

We have planted 1,000 income-generation trees in Saphale and neighbouring villages. A total of 20 women farmers were involved in organic farming training and planted over 5,856 trees like sagar mango, custard apple, jamun, and Champa flower to generate sustainable income.

A participatory approach to all our activities has enabled stakeholders like parents, the community and staff to have an equal role, and the credit goes to them.

My deepest gratitude to all our donors, beneficiaries, parents' community, staff members, volunteers and other stakeholders who extend their help to make our efforts bear fruit.



RAJENDRA
TAWDE

Chief Executive Officer



MARIAM RASHID

Deputy Chief Executive

It has been an amazing journey to work under SHED. SHED's mentorship has been incredibly helpful in developing my skills both professionally and personally. The outstanding confidence shown has inspired us to accomplish the goal. Working here is one of the best decisions I have ever made. I thank SHED for trusting my abilities and giving me the privilege to be a part of this Family.

HIGHLIGHTS OF THE YEAR

Rural Medical Center

Inner Wheel District 314 and Society for Human and Environmental Development (SHED) have collaborated to develop a Rural Medical Centre, benefitting 95 villages with an approximate population of 2,00,000 in Saphale, Maharashtra. Additionally, the “Happy Inner Wheel Village” project which will transform the lives of many underprivileged members of our society, through a focus on education, water resources and agriculture. The projects, “Happy Inner Wheel Village” and “Rural Health Centre”, will promote the health of the community and holistic development through increased attention to water and natural resources, upgrading of schools and Anganwadis, reforestation and raising awareness of various social issues.

Fully Equipped centre in SHED land at Virathan Saphale, Palghar District Maharashtra.

The Centre includes the Gynaecological OPD, Dental & Optical OPD, General OPD-Medicine, Procedure, Observation Rooms.



Health Camp Support - Inner Wheel Clubs

- Until now, 14 health camps have been conducted on various health topics, covering 2,562 beneficiaries. Most beneficiaries are women and children.
- Camps on eye health checks, cancer screening, dental check-ups, anaemia testing, diabetics, etc., along with free medicine support.
- Trainee students from R. A. Poddar Government Ayurved College, Worli, conducted a one-week health camp along with awareness sessions on health and hygiene in villages. 65 doctors were involved.





Happy Inner Wheel Village

- In collaboration, the goal was to transform rural hamlets of 100 families in Saphale, Palghar
- We provided water, education, recreation and income to the families.
- The makeover holistic and growth-cantered for them
- ✓ Water – The groundwater level increased, wells were cleaned, and storage tanks were provided.
- ✓ Upgraded to Zilla Parishad and started a pre-Primary School
- ✓ Developed a Community Garden, with walking path, benches and solar lamps.
- ✓ Provided income-generating trees.



Inner Wheel Orchard

This year at Saphale 1,000 income-generating trees were planted.



Promoting Education Program

Roche Diagnostics Ltd has started an initiative to upgrade and promote education for tribal children. Under this initiative, this year, we have provided over 55 cycles and 1,000 footwear for school-going children and rural tribal school-going students to reduce absenteeism and school dropout due to lack of long-distance walking and unavailability of transport facilities. A total of 55 youths were also sponsored to obtain digital education (MS-CIT Course) to gain a basic understanding of digitalization.



Mumbai Marathon

SHED registered for the United Way of Mumbai Marathon 2023. SHED will be supported by Roche Diagnostics Ltd. 55 staff have participated in the Marathon, and they will raise approximately 10 lakhs which will be utilized for education and gender equality initiatives through the Roshni Project in Saphale.

Adult Literacy Program (ALP) for Women

SHED in collaboration with the Rotary Club of Bombay (RCB) worked on an Adult Literacy Program (a Tata Consultancy Services (TCS) Initiative). ALP's (Adult Literacy Program) objective is to help learners achieve functional literacy within 50 to 55 hours. It comprises a multimedia software package and an e-learning system that helps adults learn basic reading, writing and arithmetic. In this village, 42 Perikas (women who are literacy facilitators) have been identified by SHED and have been trained by TCS trainers. The ALC was successfully implemented by SHED with 1,106 women participating in the program. Learners will be presented with TCS certificates after successful completion.



Steam Education Program

Smile Foundation has supported 200 students of SHED Primary School at Dharavi for STEAM education. It is a teaching approach that combines science, technology, engineering, the arts and math. The project will include a health camp for children, awareness sessions on NCDs and WASH, a school STEM mentor for full-time support and equipment for activities, including yoga and sports.



Scholarship Support

100 students from Mumbai slums and tribal areas received scholarship support and additional classes support to pursue higher education. This sponsorship was supported by the Rotary Club of Bombay Seacoast and Roche Diagnostics Ltd. Our President Maneck Davar personally interacted with the students, and their parents, to encourage them to pursue their career, especially those of the girl child.



Tree Plantation

15 employees of Intercont Freight Liners Pvt Ltd visited our SHED Palghar Centre on 26th November, 2022. The employees along with 25 school children planted trees on SHED land. 35 Champas and 50 Mango trees were planted. The employees also interacted with the children and spoke about importance of trees for a better future. Each child received a gift of educational material.



Visit of Motu Patlu to celebrate birthday

To celebrate the 10th anniversary of the animated TV series Motu Patlu Nickelodeon had approached Smile Foundation to celebrate the birthday of these characters. SMILE decided to celebrate the birthday party in SHED

along with kids on 14th October, 2022.

SHED Primary English School participated in Interschool sports

Organized by Smile foundation, the interschool sporting event saw participating from seven schools, including SHED Primary English School. The event started with a lighting of the torch ceremony and a Flag March by the student representatives from all participating schools. Students performed the Lezhim dance, Zumba dance and then participated in track and field games and open group games. There was tough competition between the students as all were overly excited and enthusiastic about winning. However, the students at SHED PRIMARY ENGLISH SCHOOL were extremely excited.



Set Up Science Lab

On 24th January, 2023 Science Lab was set up through SMILE Foundation with all the equipment's and different types of modules. Students were excited to use it.



Annual Sports Day

SHED Primary English School's annual sports event was organized on 12th January, 2023, at Anant Narayan Dalvi Kridangan, Sion. The event was inaugurated by Mr. Babbu Khan, Municipal Corporator of Ward 183. Various games like running, spoon and marble, book balancing, skipping and group games such as kho-kho, kabbadi and dodge ball were organized. After the event, prizes were distributed by chief guest Mr. Naushad Khan, President of Businessman Association Group. The event winners were given trophies and the programme ended with the National Anthem.

Republic Cum Annual Day Celebration

SHED Primary English School celebrated the 74th Republic Day in accordance with their Annual Day Programme. All the school students and the teaching and non-teaching staff were present in the programme as hosts and guests followed by parents. The programme started with the flag hoisting ceremony by Shri Govind Kakkade API of Dharavi Police Station.

Poster Making Competition

SHED's school had organized a poster making competition on 27th January, 2023. The topics for the competition were Save Water, Child Labour, Cleanliness and Ban Tobacco. All students were given papers for drawing. Students drew beautiful and colourful posters on the diverse topics and expressed their feelings and ideas about the topic they painted. Parents encouraged the students and appreciated their work. After the competition, the best posters on several topics were selected and displayed on the boards of the school.



Modern Science Labs

A science lab including 81 models, installation of MDF shelves, learning materials, and instructional CDs was installed in SHED Primary School and Madhymic Vidyalay, Pargaon. This lab includes grade-specific lesson plans for the models and a master guidebook for using the models to teach the concepts of science. These models serve as sustainable science aids for teachers and children to experience activity-based learning. The demo models cover science concepts from the child's textbooks for grades 3 to grade 10. A total of 500 students will benefit from this lab.



Bal Mela

On 24th February 2023, Roche Diagnostics Ltd MD Narendra Varde and 25 staff members visited Roshni Project activities at Saphale. Science Lab and Book Bank were inaugurated. In addition, the winners of the Science Exhibition received awards, 1,000 students received footwear, and 50 students received bicycles.



A Proud moment for SHED. Our ex-students (girls), from supportive study classes – Kalina, have scored First class and distinction in their respective higher education. We are happy to announce that, being a students of 'BMC Hindi Medium School' and timely supported by 'SHED' for last several years, all these students have scored well. Special mention, Ms. Parvati Yadav , who has scored 82.59 % in her FYJC this year (in Science stream) and without any additional educational support, she has managed to secure First place in college. # Girlchildducation



SHED President Maneck Davar and Vice President Asad Latif, along with his wife Huma Latif, take out time to visit all SHED centres to review the ongoing activities and to ensure that the requirements of the community are met. They also interact directly with SHED beneficiaries and try to understand their needs to better help them in their upliftment journey.



HAR GHAR TIRANGA CAMPAIGN-

Celebrated across all our centers.



EDUCATION





- **1, 000** children received Pre-Primary and Primary support
- **1,000** school students benefited from supportive / remedial classes
- **24,000** notebooks distributed to **2,000** children

- **100** students received scholarships
- **500** students received mid-day meals
- **500** SSC students received education kit support
- **5,000+** tribal rural students received life skill training

- **03** Zilla Parishad (ZP) schools with **1,050** students positively impacted through school development
- **55** ZP teachers provided teacher training from our education program
- **1,050** students benefited from our digital literacy

- **2,895** youth /women /adolescence girls received skill training
- **1,000** shoes distributed to **1,000** students
- **50** bicycles given to tribal students
- **500** beneficiaries train in advance course through Rajendra Jain Womens Empowerment centre.





- **500** units of blood collected through blood donation camp
- **2,000** children/women covered under oral health program with the help of expert dentist
- **5,000** rural and tribal population benefited from various health camps
- **500** women/adolescent girls benefited from cancer screening camp
- **420** women screened under the anaemia management program and receiving regular medicine support
- **120** tribal women received additional pharma support for major diseases support

- **38, 866** beneficiaries (sex workers, single male migrants, industrial workers) are part of our HIV / AIDS intervention in Dharavi and Boisar
- **70** people who tested positive receiving Antiretroviral therapy
- **462** HIV testing camps attended by **14,816** beneficiaries
- **361** are getting STI Treatment
- **1,89,257** condoms distributed along with awareness.

COMMUNITY ~~MOBILIZATION~~



- **269** cases registered in Family Counselling Centre, Dharavi. (domestic violence, family dispute, senior citizen issues, mental and physical torture, alcohol/drugs cases, etc)

- **12859** Counselling sessions conducted with women children and family members
- **5,846** children benefitted from various awareness sessions about WASH,

healthcare seeking behaviour, mental health, yoga, etc.

- **410** awareness sessions conducted in all centres. **1,25,000** beneficiaries made aware on girl child

education, women rights, documentation, government schemes, right to education, mental health, life skills approach, etc.

WOMEN EMPOWERMENT



- 175 SHG Group with 1,750 members are seeking government schemes and got habit of savings in all center.

- 2,510 women benefited through adult literacy sessions held in Dharavi and Saphale

- 2,950 women trained in Financial Literacy program in Dharavi and Saphale

- 3,456 adolescence girls/women participated in 256 sessions on menstrual health and hygiene.

ENVIRONMENT



- **2,585** income generation trees planted.
- **20** women farmers involved in organic farming training. They

- planted over 5,856 fruit and flowering trees.
- **3** water storage tanks constructed
- **5** borewells repaired

- **150** rooftop harvesting units installed
- **1,050** awareness sessions on solid waste management, no plastics, save

earth save tree, Swachh Bharat Abhiyan, etc.

JAN SHIKSHAN SANSTHAN – JSS DHARAVI



SHED is the parent organisation of JSS Dharavi. The Scheme of Jan Shikshan Sansthan (JSS), formerly known as Shramik Vidyapeeth, was a unique creation of the Government of India which has been implemented through NGOs in the country since 1967. The scheme was renamed as Jan Shikshan Sansthan in 2000. JSS scheme was transferred from the Ministry of Education (erstwhile Ministry of Human Resource Development) to the Ministry of Skill Development & Entrepreneurship in July 2018. Mr. Maneck Davar is the chairperson of JSS Dharavi. The scheme's mandate is to provide vocational skills in non-formal mode to non-literate, neo-literates, persons with a rudimentary level of education up to 8th standard and school drop-outs up to 12th standard in the age group of 15–45 years. The priority groups are women, SC, ST, minorities and other backward sections of the society.

In 2022–23, JSS Dharavi successfully conducted 82 batches in seven sectors such as assistant dress maker, beauty care assistant, electrical technician assistant, wireman Assistant, hand embroidery, jute craft product maker and computer operator. 1,630 individuals have been trained and certified in these sectors. 1,627 beneficiaries are rudimentary while the rest are neo- and non-literates. The demographic breakdown of the beneficiaries this year is 32% minorities, 8% OBC, 5% SC, and 54% others. JSS Dharavi is reaching unreached areas to cater for the needs of the poorest of the poor. They bring training to the doorstep of the beneficiaries with minimum infrastructure and resources. The target groups are homeless children, transgenders, prisoners, women, youth, etc. This year, JSS Dharavi undertook various government-recommend campaign awareness sessions on Swachhta Pakhwada, Fit India (Yoga) as well as counselling sessions for the employed and self-employed and assorted capacity-building programs for teachers and the community, etc.

LIFE-CHANGING IMPACT

Vibha Sandip Dubey

Vibha is a 35-year-old woman, living in Hari Nagar, Jogeshwari, with her family members. She has two kids. Her husband works as a salesman and is the only bread earner from his family. After marriage, Vibha wanted to support her family through her own income. She came to the Jogeshwari Center, where she received tailoring training from our well-known teacher. Following the training, she purchased her own sewing machine and started her own business at her house. She earns three to four hundred rupees from stitching blouses, dresses and other tailoring work. Vibha is grateful to our center for helping her become self-sufficient and increasing her confidence to stand on her own feet both economically and socially.



Soni Patel

Soni is a very hard-working lady living in Jogeshwari with her family. She has seven family members; her husband works on a daily wage basis. She received tailoring skill training from our center. Today, she does her own

tailoring work from her home and supports her family economically.

Fatima Shaikh

Fatima is an unmarried woman living with her family members. Her father is unemployed and she has two brothers who help financially support her family. To support herself, she decided to enroll in the beautician program at our center. She has completed her training, and today, she owns her own beauty parlour shop and is financially supports her family. She said she is always thankful to our institute for providing such good training to help her be economically independent.



Kalpana Kabade

is a married woman living in a rented room with her family members in Sariput Nagar, JVLR. Her husband was the only bread earner in her family. He lost his job due to the pandemic and lockdown causing her family many financial problems. She then decided to look for some work and support her family financially. She had started working in a nearby beauty parlour as a house keeper, which involved floor cleaning and washing clothes. She had done all her work with hard work and with full dedication. During her house keeping job, she realised that she liked and was interested in learning beautician skills. When she enquired with her employer to learn such techniques, she was denied due to the expenses and her salary not being enough to cover the cost of training. After learning about the SHED beautician course from a friend, she enrolled in the advanced beautician course in our center. After completing the certificate course, from our institute, she landed a new job in Andheri, where she is earning Rs. 15,000 to 20,000 per month. Also, in her free time, she is works independently to earn extra income from her beautician skills and supporting her family economically. Kalpana says her dream is to start her own beauty parlour with the support of SHED and the grace of God.



Renu Singh

is a married woman living with her family (husband and two kids) in Andheri. Her husband was unemployed, so she decided to start household work in nearby societies. She earned Rs. 8000 per month which was not insufficient to meet her family expenses.

She was also not interested in doing housework. Aware of Renu's economic conditions, Renu's neighborhood friends introduced her to our center in Mahakali, Andheri, which offers vocational training courses like beautician, tailoring, computer and many more. Renu enrolled in the beautician course, which she completed within three months. After completing the course, she started working

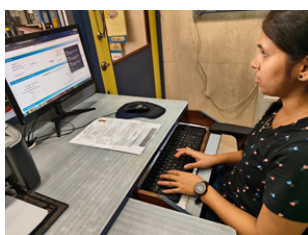




Kuberabibi Babar Shaik is a 40-year-old woman living with her two children, aged 17 and 12, studying in 10th and 6th std, respectively. After separating from her husband, Kubera is the only bread earner in her family, along with taking care of both her

children. During her early phase of earning, she would do household works in four to five houses nearby. She lives in a rented house where the rent is 4000 per month. With her household work income, she could not manage her expenses including room rent, groceries, school fees, etc. Kubera heard about our Mahakali Center and its tailoring course from a lady where she had done household work. She felt very happy about learning new things in tailoring. After enrolling at our Mahakali center, Kubera learnt all the small things which are important in tailoring, like threading needles, sewing a straight stitch, sewing buttons, using patterns and much more. She was one of the favourite and brightest students in her class and the teachers also loved her. After completing the tailoring course, she started her own tailoring work at home with her own sewing machine. She has become an expert in stitching and cutting, and so she decided to make simple dresses as well as designer ones with embroidery, for which she charges around 450 and 550 rupees for each dress. Now she is standing on her own feet economically and morally also. She is feeling very happy and confident and always thanks SHED Mahakali Centre for supporting her to make herself self-sustaining and self-reliant. She always blesses the center and gives referrals to other needy women. SHED Mahakali Center also feels proud after looking at the growth of our trainees. They are standing on their own feet, it always gives us motivation for moving towards our goal.

Priyanka Mane is a 24-year-old student studying B. Com. 1st year. She has four family members. Her father is an auto rickshaw driver and is the only bread earner of her family. Priyanka's mother is a housewife while her younger brother is studying in 10th standard. Her financial condition was not good but her father is always ready to give better education to his kids and make them educationally self-sufficient. Her mother got information about our Sag Baug Computer Training Center, so she encouraged Priyanka to take admission to the Basic Computer course to improve her computer knowledge.



Priyanka has completed the basic computer course, where she also learnt various knowledge and improved her computer skills. Nowadays, she is working as a computer operator in a nearby company and has started to help her family financially. She heartily thanks SHED for the help she has received.



Radhika Shetty belongs to a very poor family. There are five members in her family but her father is the only breadwinner, as a vadapav seller. She is aware of her family's

economic conditions, which will not fulfil their family's dreams. Despite their economic situation, her parents encouraged her to take admission at our SHED Computer Training Center. After completion of all official processes, she took admission to our center for the Basic Computer Course. She had learned all the basic skills and techniques during the training session. Today, she is working as computer teacher in a private computer class and helping her family financially. She states that she is thankful to SHED organisation and the entire associated teachers of SHED.

Radhika Yadav hails from Uttar Pradesh. She did not get that much work in their native place. Radhika's husband is an auto driver. They have four children and not enough money to support Radhika and her children in life. With the help of her brother, Radhika decided to come to Mumbai to become financially self-reliant. She enrolled for the beautician course in our Sag Baug center and has since completed it. She is very much grateful to SHED and SHED's teachers. She now has her own parlour.



Deepali Vagela is a 35-year-old married woman. She lives with her husband and two kids. Her husband does small daily wage work, and because of low financial income, she has had to work as a cook. She wants to provide a better education for her kids. She is an HSC passed student, but because of an orthodox family, she

was never allowed to work outside. She decided to take admission to the beautician course in our center which is near her domestic work place. She completed her course with flying colours and spend a lot of time practicing. Recently, she participated and won the first prize in a beautician competition. She credits her accomplishment to SHED's cooperative employees and its organization.



Antara is a college-going student, living with her guardians. Her father runs a tailoring shop, but because of less knowledge and skill, it does not run well. Antara belongs to a middle class family, and because of poor financial conditions, she wants to

support her family. Our Sag Baug center offered Antara a tailoring course for one year, and she completed it very honestly. She is now working in her father's tailoring shop and helping to provide for her family.

Selvi was married and had two children. As her husband Ganeshan did not have a job, they shifted to their native place. But after a few months, her husband came back to Mumbai, leaving them behind in search of a job. For a few months, he contacted them through the phone and talked to the children very nicely, but slowly he stopped contacting them. They tried to reach him but he was out of contact. So, her mother-in-law visited Mumbai and found that he was staying with other women. So, she also came to Mumbai along with the children and contacted SHED counselling centre. He was called and counselled to take care of the children but he refused. As a result of continuous counselling, he agreed to send her money only if she returned to her homeland. Two months later, he ceased sending the money, and a home visit was conducted and counselling was provided once again. This time, we threatened him with legal action. At last, after continuous counselling, he agreed to leave the other woman and go back to his native place and earn a living there. Families were happy and gave blessings for saving their loved ones with tears in their eyes.



Manisha Mohan Baraf

is a 33-year-old woman with three children. She and her husband are both daily wage workers. After the birth of her second child, she was diagnosed with psoriasis, and she believed that it was because of superstition.

Under the Roshni project, our doctor and team suggested treatment from a skin specialist. After continuous follow ups and counselling by our doctors, Manisha agreed to visit a skin specialist. In light of the current economic crisis, she was hesitant to seek medical treatment from a specialist. So, we have provided her with pharmaceutical support. As a result of her regular treatment, which she has been following diligently, her health has begun to improve.



Jyoti Manoj Tumada

is a 23-year-old woman who got married at the age of 18. She and her husband are daily wage workers and have a daughter. As part of the Roshni Project's financial literacy program, Jyoti learned about Samruddhi

Sukaniya Yojana (a government program designed to ensure the future of girls). As both of them are daily wage workers, it is difficult for them to manage their expenses. Somehow Jyoti convinced her husband to invest Rs. 500 per month in the scheme. As a result of this project, she gained confidence, took care of her health as well as her family, and developed a habit of saving money.

Nirmala Ganesh Baraf is 32-years-old and has a daughter. She and her husband both have been daily wage workers for several years. Under the Roshni Project, Nirmala was trained in modern agriculture techniques such as how to use one-time seeds for seasonal agriculture. After the completion of this training, she started her own kitchen garden on a 1.5-acre land which was completely eroded and unsuitable for cultivation. After implementing the techniques taught to her in the program, she converted the eroded land into cultivable land. She left her previous occupation and now earns Rs.10,000 every season.

VOLUNTEER

Neola Dsouza

When I initially joined SHED as part of my Master's program requirements, I must admit I was hesitant and unsure about what to expect. I had never been in such a setting, nor had I engaged in any social work or service before.

However, from the very first day I walked through your doors, I felt an overwhelming sense of belonging.

The aura that permeates SHED is nothing short of remarkable; it radiates positivity and warmth. It's not just the physical space but the people within it who make it truly special. From the dedicated teachers to the heart-warming presence of Shamal ma'am, everyone at SHED possesses a genuine and compassionate spirit.

During my time as a volunteer, I had the opportunity to contribute in various ways. I created presentations, prepared reports, assisted with documentation work, and handled other essential backend tasks. Each task I undertook felt like a step towards a greater cause, and the knowledge that I was a part of something meaningful filled me with immense pride.

One experience that will forever stay with me is the memorable trip we took to assist tribal women in planting trees. It was a profound and eye-opening experience that not only enriched my understanding of the world but also transformed me as a person. Witnessing the selflessness and generosity of the tribal women taught me the true meaning of giving.

In retrospect, my time at SHED has been a transformative journey. I have not only gained valuable skills and knowledge but have also become a more compassionate and socially aware individual. It's been an honor and a privilege to be part of the SHED family, and I genuinely look forward to continuing my journey of service and growth with this remarkable organization.

Thank you for providing me with this incredible opportunity to make a positive impact on the lives of others and to grow as an individual.



basic skills that enable one to effectively handle issues or problems commonly encountered in daily life. Inner Wheel Club of Bombay

SHED, Kalina, undertook this project known as Surakshit Bachpan with IXth standard students of SHED. As the name suggests, the project enables students to secure their childhood by developing self-confidence to handle increasing competition and peer pressure. The project had weekly one-hour sessions over a period of four months. The techniques used were drama and activities, with active participation by the students. Skills taught were naming, understanding and managing emotions, self-awareness, empathy, effective communication, decision-making, and critical thinking. The students of SHED were well-behaved and were innovative in their thinking process. It was a pleasure teaching them. Teachers of SHED especially Priyanka were very cooperative. We wish SHED all the best in their endeavour.



Krishna Jaisinghani Undergraduate Student, FLAME University SHED Volunteer

I volunteered at Society for Human and Environmental Development (SHED) as a part of a developmental programme for my university. At SHED, I worked for the education

programme. My fieldwork included teaching children from grades 6-10, writing emails and doing general office work. During my time at SHED, I came to understand the larger issue of education in our country and in the very city I live in. I heard instances from my fellow teachers about issues that the children have faced, in regards to attaining a proper education. NGOs like SHED do their best to make a difference in a child's life by giving them the right to education that they deserve. SHED also has a special focus on developmental activities for children, which ensures an all-round development for the children. The staff at SHED works extremely hard to provide these children with an education that they deserve. My experience there taught me a lot and I'm truly grateful for it. The teachers supported me and guided me throughout, which helped me understand the importance of the work that they do.

Dr Smriti Shalini, Master of Public Health in Health Policy, Economics, and Finance, TISS, Mumbai

My academic internship at SHED has been the most enriching experience of my Master's in public health



Mita Roy (Member of IWC Bombay)

Surakshit Bachpan &

Lifeskill Training

Teaching life skills to students by trained volunteers is a successful project of Inner Wheel. Life skills are a set of



journey. During the five weeks at SHED, I saw from close quarters how the effort to make a change has to be a continuous process.

SHED has a holistic approach "from cradle to the grave" and their work in the five verticals has been commendable. The internship gave me the

opportunity to be a small part of their inspiring journey when I worked on the mental health of school-going children in Mumbai slums. And none of it would've been possible without the support of the staff at all the centers, especially that of our field supervisor, Snehal Ma'am. She is the leader who leads by example. Through her support my classmates and I could successfully complete our projects despite challenges.

Additionally, we also helped the organization with reports, grant writing and conducted awareness sessions for the parents of the students enrolled in the supportive classes at Kalina. We also got exposed to the nuances of working in the community.

The unwavering zeal with which the SHED team works has been inspiring in more ways than one and I hope I can continue to contribute to the organization in the future as well.

R Anjali **MPH-HPEF** **TISS, Mumbai**

I'm R Anjali, a Master's in Public Health student at TISS, Mumbai.

My one-and-a-half-month internship at the Society for Human and Environment Development (SHED) in Kalina, Mumbai, has

been incredibly enlightening. SHED, an organization committed to empowering marginalized communities, inspired me with its multifaceted initiatives, which include nutrition, education and vocation, health, and environmental preservation, with women and children at the center of all activities. During my internship, I studied non-communicable diseases (NCDs) among the Kalina and Saphale communities. This experience deepened my understanding of public health and honed my communication and research skills. We conducted a presentation on NCD awareness for mothers. It was very impactful and reinforced the importance of interacting with the audience. I also gained insights into organizational management and critical aspects



of a working organization. I contributed to drafting proposals and grants. SHED's mentorship was exceptional, and I am grateful to Mrs. Snehal Ma'am for her unwavering support and problem-solving abilities. Her kindness and deep understanding of societal dynamics left a lasting impression. Challenges were part of the journey, but the SHED team's collective spirit guided me through them. This internship's impact is immeasurable, strengthening my belief in humility, openness to suggestions, and the power of kindness. In conclusion, my SHED internship taught me practical skills and a deeper understanding of community-based work. I'm excited to apply these lessons in my future endeavours, carrying forward SHED's values of compassion and understanding.

Pradip Parsure **MPH (Health Policy** **Economics and** **Finance)**

TISS, Mumbai

My internship at SHED has been an invaluable learning journey, and I am immensely grateful for the opportunity. During my internship, I conducted stakeholder analysis and

a rapid community assessment to understand the issue of malnutrition amongst adolescents living in urban slums. This exercise allowed me to apply the theoretical knowledge gained during my studies to real-world situations. It was a hands-on experience that taught me the importance of community engagement and the complexities involved in addressing public health challenges in urban slum settings.

Throughout this journey, I learned the significance of stakeholder collaboration and engagement in addressing complex health issues. This internship provided me with a unique opportunity to connect with and learn from the community members. My internship at SHED has been a transformative experience that has enriched my knowledge and skills in the field of public health. I am excited to continue my journey in this field, armed with the practical experience and expertise gained during my time at SHED.

Khan Sana Salim, **M.S.W student, IGNOU,** **SHED Volunteer**

I volunteered for the Society for Human and Environmental Development (SHED) as part of my interning for the journal of semester I., to know how the NGO works with society as I was new to the sector since I changed my stream after my higher education to pursue my passion for serving society. I came across the





most genuine NGO that serves society selflessly. Here, my major focus was child development and women empowerment. I got the opportunity to interact with students and women who were being taken care of by SHED. I assisted office staff with writing briefs, and reports and making presentations.

Volunteering at SHED was an exceptional experience. I was particularly struck by the dedication of SHED. I learned how to deal with the situation by being positive and optimistic. My experience here was amazing as it was my first NGO I have worked with. I have learned so much, with great and valuable values. The staff was friendly and very helpful in my interning journey. My mentor Mrs. Shamal Surve is an amazing personality. I learned so much from her and indeed her dedication to work, I will apply in my personal life too. SHED will be my favourite go-to place when I need a boost in my passion. As I am no longer part of the SHED daily, I have made friends with my co-team that I will continue to cherish lifelong. I was touched by the warmth and kindness shown to me by everyone at SHED and hope that I can continue to associate myself with the organization.

Vedanta Masurkar

CRY Volunteer

My experience at SHED teaching students and taking classes every weekend has been wonderful so far. We couldn't have asked for a better place to teach our students. Shamin Mam has been very supportive to us and always helps and guides us when we require any support from the SHED team. I would also like to mention Rampalji who takes care of the security at SHED. He also is very helpful and friendly in nature and helps us in managing the students along with helping in carrying out activities in SHED. I wish that this collaboration with CRY and SHED will be much more strong for years to come. There are several activities we have been doing at SHED.

1. Christmas celebrations
 2. Diwali - Diya painting
 3. Origami workshop
 4. Enrollment drive
 5. Regular maths & English classes
 6. Ration distribution
 7. Sanitary pad distribution
 8. Toys distribution by Imagica
 9. Picnic to Imagica twice
- Many more



Seema Vaid

My name is Seema Vaid .I turned 66 in January 2023.

I worked in CPGIS a school at Juhu which was later shifted to Oshiwara. I worked there for 15 years and then retired on health grounds. An open heart surgery was conducted in the year 2020. I am a diabetic, too. I got



connected with SHED through a common friend of mine who knew Paulomi Dhawan ma'am and introduced me to her. After ma'am interviewed me, she asked me if I would like to work for an NGO. I agreed and she told me all about SHED. I was asked to visit the place to get a feel of the atmosphere there and if I would fit in. On the first day, I was confused but after going there a couple of times , I decided to work there on a voluntary basis. I have been with SHED for a year at Kalina and for 6 months at Mahakali. It is like a second home for me. I get so much love and respect that I wait for the day when I have to go there. The people in the organization are very warm and so is the staff. I have got very attached to the kids. There is no place like SHED – this is all I have to say.



Shagun Kamlesh Jha

Shagun Kamlesh Jha is a 17-year-old boy living in Andheri, Mumbai, with his family. He belongs to Madhubani, Bihar, state. In his family, there are five members. He is the elder one while both his brother and sister are younger than him. He has completed his HSC

in the Commerce stream. His father has been suffering from kidney stone problem since the last 15 years. For his medical treatment, they admitted him several times to various hospitals for laser operation, surgery and

many more. Since last three months, his father's health was continuously failing, also the family also faced some financial problems like loan repayments, hospital expenses, household expenses, etc. Shagun is facing many problems like concentrating on education and stress. His school teacher introduced Shagun to our SHED Mahakali center when he was in 6th standard. He is always trying to learn new things. Since being admitted to our supportive class, he has developed new skills. Now, he has become a volunteer of our SHED Mahakali Center. He is having good stage daring, good command of communication, and he easily interacts and mixes up with new surroundings also. He credits his success to SHED, saying SHED has provided him an opportunity to prove himself and stand on his own feet. Shagun aims to be a Chartered Accountant, and wishes to establish his own organization to help other needy people. SHED will always support you for a better future...!

Abhishek Jha

Abhishek Jha is an 18-year-old college-going student. He is completing his Higher Secondary School (HSC) in Commerce at a local college. He is brilliant at maths and calculations. His elder one sister is married while the younger one



is living with her grandparents. When we looked into his early life, we found out that he hails from Bihar. When he was only five years old, his mother died due to high fever. After that, his mother's aunt took care of him, but unfortunately, she also died. So, his brother and cousin sister decided to bring Abhishek with them to Mumbai for care, support and educational development. When he was coming to Mumbai, which is a new place for him, he faced problems like adjusting in new place, area, people and with the language, because he did not know Hindi. Once he settled in Mumbai, his friend brought him to SHED Mahakali Centre for supportive classes. Abhishek is shy and does not easily interact with new people. He also has a lot of fear communicating with others. SHED teachers always try to help him learn new things and motivate him for his better development and to improve his communication skills. After completing his SSC, Abhishek joined as a volunteer at our SHED Mahakali Centre. Whenever he comes to the centre, he wants to work with like-minded students. In August 2022, Abhishek's father died due to brain haemorrhage. So, he wanted a job to improve economic sustainability and also repay all loans, debts etc. He wishes to complete his education in BAF+ MBA in finance. SHED Mahakali Centre wishes him a better future...!



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We are deeply grateful and thankful to each individuals, corporates, institutions and agencies who have come along on this over 40 years of journey with us. S.H.E.D is thrilled to have your kind support which will continue to support the mission and for changing the lives of those we serve together. -

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