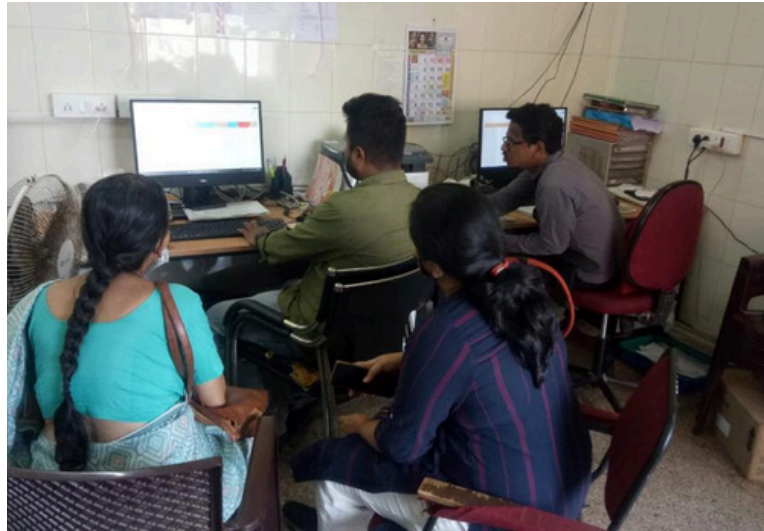




# ANNUAL REPORT 2021-22







# S.H.E.D

SOCIETY OF HUMAN AND ENVIROMENTAL DEVELOPMENT

**Society**

**Development**

**Human**

**Environmental**

## **Health**

- Health Camps
- Anemia Management
- Health Care Services
- HIV / AIDs Intervention
- Feminine Hygiene
- Awareness Session

## **Environmental**

- Swachh Bharat Drive
- Solid Waste Management
- Watershed Management
- Constructed Low Cost Toilet
- Tree Plantation
- Roof Top Harvesting
- Water Storage Tank
- Water Wheels
- Solar Energy

## **Community Mobilization**

- Family Counselling Centre
- National Integration
- Communal Harmony
- Peace and Non violence
- Senior Citizen groups
- Youth Groups
- Village Level Committee

## **Women Empowerment**

- Self Help Groups (SHGs)
- Sanitary Napkin Unit
- Self defense Training
- Financial Literacy
- Gender Equality

## **Education**

- Crèche
- Pre Primary (Nursery to Sr Kg)
- Primary School (STD I to VII)
- Supportive Study Classes
- Vocational Skill Training
- Happy School
- Value Education, Moral Science

# BACKBONE OF ORGANIZATION

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**Begum Bilkees Latif**  
**Founder**



**Maneck Davar**  
**President**



**Asad Latif**  
**Vice President**



**Urmila Jain**  
**Executive Committee**



**S.K. Agarwal**  
**Hon Treasurer**



**Philip Fernandes**  
**Executive Committee**



**Prakash Kundalia**  
**Executive Committee**



**Paulomi Dhawan**  
**Executive Committee**



**Rajendra Tawde**  
**Chief Executive**





**Rajendra Tawade**  
**CEO, S.H.E.D**

**“There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle.”— Albert Einstein**

When I look back at the journey of S.H.E.D, it has been a miracle every year for us. Especially the past two years, we have seen the communities still recovering from the effect of the Covid-19 pandemic in India. Communities still struggle to grapple with short-term, economic, social, health and psychological effects.

It feels like the universe was looking out for us, ensuring we did not leave the job half done! The past year felt like a culmination of all our effort and dreams over the past years. Last year we successfully reached out and overall impacted 9,58,295 many lives.

We are proud to receive the 2nd runner-up award at the NATHEALTH CSR for its impact and transformation of lives.

- 36,258 community members benefited through our Women Empowerment through various programs such as income generation training, education, financial literacy.
- 65,506 community members benefited through our Health programs.
- Eight lakhs people were vaccinated through the efforts of our team in urban and rural areas against Covid.

At S.H.E.D, we have held fast to the notion that ‘reach does not mean impact, impact means impact’, and I believe this year will indicate if we have stayed true to this belief. We promise to keep updating you, our supporters and partners, on the progress we make and hope that you continue to be a part of this journey.

I hope you enjoy reading our Annual Report as much as we enjoyed putting it together.

# NOTEWORTHY ACTIVITIES

## 500 DRUMSTICKS PLANTED

To generate income for the women in the village, 500 drumsticks have been planted and taken care of in our SHED, Saphale Centre premises. It will not only generate the income but also help them to have a healthy food intake in their day-to-day life. This initiative was taken and funded by Mr. Maneck Davar, President SHED.



## MIDDAY NUTRITIOUS SUPPORT MEAL

Midday nutritious meal on daily basis for 100 children at Dharavi provided by B.J. Home for Children Charitable Trust, Matunga by the support of S.H.E.D President Mr. Maneck Davar. Mr. S.K. Agarwal, the member of S.H.E.D Executive Committee sponsored a one-month nutritious meal support for 200 children in Kalina. Smt. Urmila Jain, S.H.E.D Executive Member provides frequent midday meal support for our children.



## COVID-19 MATERIALS DISTRIBUTION

Bharatiya Jain Sanghathan and Akshara Foundation have provided us with 1,00,000 free face mask for our slums and rural community. Those masks were distributed to school-going children, teachers, health workers, farmers, industrial workers, etc. While distributing the masks, awareness on COVID-19 precautions were conducted in each centre. We are grateful for the support of Mr. Prakash Kundalia and his friend Shri. Akhil Gupta who donated one month's ration support for 180 lady-led families at Kalina.



## REPAIRING LEAKAGES - MAHAKALI CENTRE

The Inner Wheel Club Seacoast and Midwest supported the repairing work at our Mahakali Centre as the structure was too old and unstable due to the water leakages and it was shown as an unsafe environment to conduct our activities. The Rotary Club of Bombay Seacoast donated 15 new computers to support the Computer Literacy Activity for the slum children. We are also grateful and thankful to our S. H.E.D Executive Committee Member Mrs. Urmila Jain for supporting this cause.





## REPAIRING OF SKILL DEVELOPMENT CENTRE - SAPHALE

IWC Thane garden city repaired a Skill Development Centre for Women at Virathan village, Saphale, provide all kinds of training like tailoring, beautician, Mehndi application, etc. It caters to the groups of women/girls to empower them in the surrounding tribal area to become an economically independent and self-sufficient.



## THE WATER WHEELS

The Rotary District 3141, in collaboration with S.H.E.D came up with an innovative solution to the water problem faced by tribal women in Saphale. The Water Wheel had lifted the weight off 899 women's shoulders. This ingenious solution alleviating the woes faced by tribal women who need to carry water over the long distance. This Water Wheel contains 45ltr of water which can roll down the road like a trolley, without women having to lift any weight. Mr. Amrish Daftary took the initiative for this solution.



## HEALTH CAMP - SAPHALE

With the support of Mrs. Paulomi Dhawan and her friend Mrs. Karishma Parekh from the Rotary Club of Bombay Queen Necklace conducted, we a women's health camp on 28 Oct 2021. The cancer screening and general check-up was conducted for 500 women in Saphale and they were also gifted new sarees and further raw fabric support was provided for the S.H.E.D tailoring unit in Saphale.



## SCHOLARSHIP SUPPORT

For the academic year 2020-21, we have received tremendous response from our individuals, associates, clubs, trusts for supporting youth and girl child education through our supportive classes in Kalina.

ABC Charitable Trust, in collaboration with IWC Borivali has provided support for 28 students with a whole year of higher education fees, and they have ensured that those students will have support till their graduation. Our donors, Mrs. Rekha Mallya and Sanjiv Bhatt supported four children, IWC Bombay Midwest sponsored four children.





## **WATER PROJECT (JAL HAI TOH KAL HAI)**

S.H.E.D is thankful and appreciates the IWC of Bombay Queen's Necklace and their club members for their constant support. They have always been at the forefront of understanding the need of the community in the field of education, medical, social, and economic issues of rural community. Most of the tribal women, children and the community have benefited from the holistic development in their lifestyle since 2017.

This year the club has provided water facilities for the Pennad Village in Saphale, Palghar. They have upgraded a borewell and connected it to the water storage tank, installed water standposts (10 taps) and made provisions for rooftop harvesting for 50 houses. Now the women are very happy and spend most of their time with their families, children and have time to learn and develop their skills for income generation.



## **MEDICAL SUPPORT TO MGCM HEALTH DEPT**

The second wave of COVID-19 in India has had severe consequences in the form of spiralling cases, reduced supplies of essential treatments, and increased deaths particularly in the young population. With the support of SMILE Foundation, medicines and Covid-19 protective items for health and ground level workers of BMC were donated. The items were given directly to Health Post in Dharavi (G/N ward) and Kalina (H/E ward).



## **DONATED OXYGEN CONCENTRATORS IN SAPHALE**

With the initiative from Arun Moily, Samta Foundation and Mamta & Madhusudan Agrawal Foundation donated 15 oxygen concentrators to us during the second wave of Covid-19. These concentrator has been given to govt. health posts, Saphale for use in COVID centres for community treatment.





# EVENTS & FELLOWSHIP

- Rotary Club of Bombay Seacoast donated 15 new Computers for Mahakali Center on 20 September 2021.
- Shri. Akhil Gupta, a friend of Mr.Prakash Kundalia, donated Dry Rations for 180 families at Kalina.
- 100 Senior Citizens received medical support from IWC Clubs.
- SMILE Foundation donated 15 New smartphones and 12 Tabs for girl child education.
- Roop Manek Bhanshali charitable trust donated 5 lakh for S.H.E.D activities.
- Bengal Finance & Investment Pvt ltd donated 10 lakh for S.H.E.D activities.
- IWC Kalina donated 500 library books at the Kalina center.
- IWC Bombay donated 13 recycled laptops and 15 Desktops for the education cause on 26 November 2022.
- Under the One Roche wish program, four winners from Roche Diagnosed Pvt ltd. donated their winners amount of Rs.1,63,540 each by fulfilling their wish - Spreading awareness on platelet donation, organising health camp for the needy, scholarship support for girl child education support.
- Ali Yavar Jung National Institute of Speech and Hearing Disabilities conducted three days rural camp and ear check-up camp for 100 beneficiaries in the Saphale area.
- Health Camp conducted by Rotary Club of Bombay Nariman Point at Jogeshwari on 12 March 2022, where 269 women, children, and the community benefitted.





## VACCINATION DRIVE

S.H.E.D has been attending holistically to the needs of the community all through the global pandemic crisis.

S.H.E.D in collaboration with MCGM (Municipal Corporation of Greater Mumbai) K/East and G/North ward started Vaccination centre in SHED premises. Our Staff conducted an awareness campaign on Covid-19 focused prevention measures and the importance of vaccination, a Social Behavior Change and Communication campaign through posters and on-ground activities for the benefits of the community. Under the initiative, S.H.E.D supported the government's efforts through communication materials such as posters, handouts /FAQs, community mobilization interventions, and hygiene kit distribution drives. As part of the efforts, Additionally, SHED has voluntarily prepared the beneficiary list for vaccinations and is following up with the beneficiaries after vaccination.

S.H.E.D aim of reaching 12 lakh people – adults, youth, women and children – in Mumbai slums and 92 villages at Saphale. with the support of local CBOs, Mahila mandals and various groups our efforts have already reached 8 lakh individuals for getting vaccinated in both urban and rural areas.





# PROJECT IMPLEMENTED IN THIS YEAR

## WOMEN EMPOWERMENT AND ENVIRONMENT SUPPORTED BY RAYMOND



S.H.E.D partnership with Raymond on 'WOMEN EMPOWERMENT AND ENVIRONMENT SUPPORT'. This project has immensely benefited 500 women directly and indirectly to 5000 families and farmers in Saphale, Palghar District, Maharashtra.

This mission transformed the lives of tribal women by increasing their income through environmental support. This project has been implemented in 12 villages. While working on the project, a few women willing to work towards income generation were selected. The objective was to create widespread awareness and impact. The selection process was done on their interest, capacity, and land and water availability.

The project has effectively implemented and has brought a positive change in the lives of the women. A thousand fruit-bearing trees have been planted for their income generation, 150 women are provided with training and seeds for kitchen garden, and 500 women are trained for Model Agriculture, and 5000 farmers visited the Integrated organic farming the model developed in S.H.E.D land, through innovation and technology, to increase one's income and multiple utilization of land for agriculture.



## PROJECT ROSHNI

Project Roshni has been awarded the 2nd runner-up award at the NATHEALTH CSR AWARD for its impact and for transforming lives.

Project Roshni is guided by the vision to create sustainable models that improve access to healthcare and create a long-term impact on patient lives. Roche Diagnostics India partnered with Society for Human and Environmental Development (S.H.E.D) in 2015 to initiate Project Roshni- healthcare access and livelihood empowerment programme for women in the Palghar district of Maharashtra.

We started in 2015 with 102 women for a comprehensive anemia project, and by the year 2020, 220 women's Shilte cluster successfully increased their HB level severely to normal.

In 2021, we worked with 420 women, where the percentage increased to 37% of women having a normal range of HB count. Also, in the mild category, there has been an improvement of 6% over the period. The number of women with severely low HB status has reduced to 1%. We can see overall measurable positive changes in these women's health. Several health and awareness camps were conducted, resulting in 85% of the population being vaccinated in 2021.

We also incorporated digital e-learning education in three schools, from which around 500 children benefited.





## RAJENDRA JAIN EMPOWERMENT OF WOMEN CENTRE



Skill Training, Advanced Tailoring, Tailoring, Beautician and Computer courses for the slum community in Mahakali and Jogeshwari Centre has been implemented. This is an on-going initiative supported by Smt. Urmila Jain under the project 'Rajendra Jain Empowering of Women' and 'Shri Makhanlal Jain Charitable Trust'.

This year we have trained 500 women and girls and till date more than 10,000 beneficiaries have benefitted, and earning income. 75% women are self employed and the rest are employed in some companies like garment shops, BPO, private companies etc.

## JSS DHARAVI – JAN SHIKSHAN SANATHA

SHED is a parent organisation of JSS Dharavi. The Scheme of Jan Shikshan Sansthan (JSS), formerly known as Shramik Vidyapeeth, was a unique creation of the Government of India which is being implemented through NGOs in the country since 1967. The scheme was renamed as Jan Shikshan Sansthan in 2000. JSS scheme was transferred from the Ministry of Education (erstwhile Ministry of Human Resource Development) to the Ministry of Skill Development & Entrepreneurship in July 2018.

Mr. Maneck Davar is the chairperson of JSS Dharavi. The scheme's mandate is to provide vocational skills in non-formal mode to non-literate, neo-literates, persons with a rudimentary level of education up to 8th and school drop-outs up to 12th standard in the age group of 15-45 years. The priority groups are women, SC, ST, minorities and other backward sections of the society. In 2021 – 22, JSS Dharavi successfully conducted 90 batches in 11 Sectors. The courses completed have demand in the local market. A few courses included self-employed tailors, pedicurists and manicurists, asst nail technicians, asst hair stylist, domestic data entry operators, welding asst, electrical asst etc. A total of 1800 individuals had trained and certified this way. JSS Dharavi is reaching the unreached areas to cater for the needs of the poorest of the poor. They work at the doorstep of the beneficiaries with minimum infrastructure and resources. The targeted groups are homeless children, transgender, prisoner etc. This year, we undertook various Governments recommend campaign awareness sessions on Swacchta Pakhwada, Fit India (Yoga), employed and self-employed counselling sessions, 4000 Rakhi sent to soldiers at Jammu & Kashmir Border, assorted capacity building program for the community etc.





## HIV AIDS FREE VILLAGES THROUGH AWARENESS, EDUCATION, PREVENTION & TESTING



While working with the communities in villages like Sonave and Shilte area, it was found that the village community is not well aware about HIV AIDS. S.H.E.D approached The Mercury Phoenix Trust to create awareness among the community with the aim to reducing the rate of infection and prevention. In this programme, a five- day training workshop had been organized for 31 stakeholders of the community. 52 HIV awareness sessions were conducted through IEC (information education communication) material, puppet show, poster exhibition etc. In one year we have reached out to 2,825 individuals to create awareness among them.



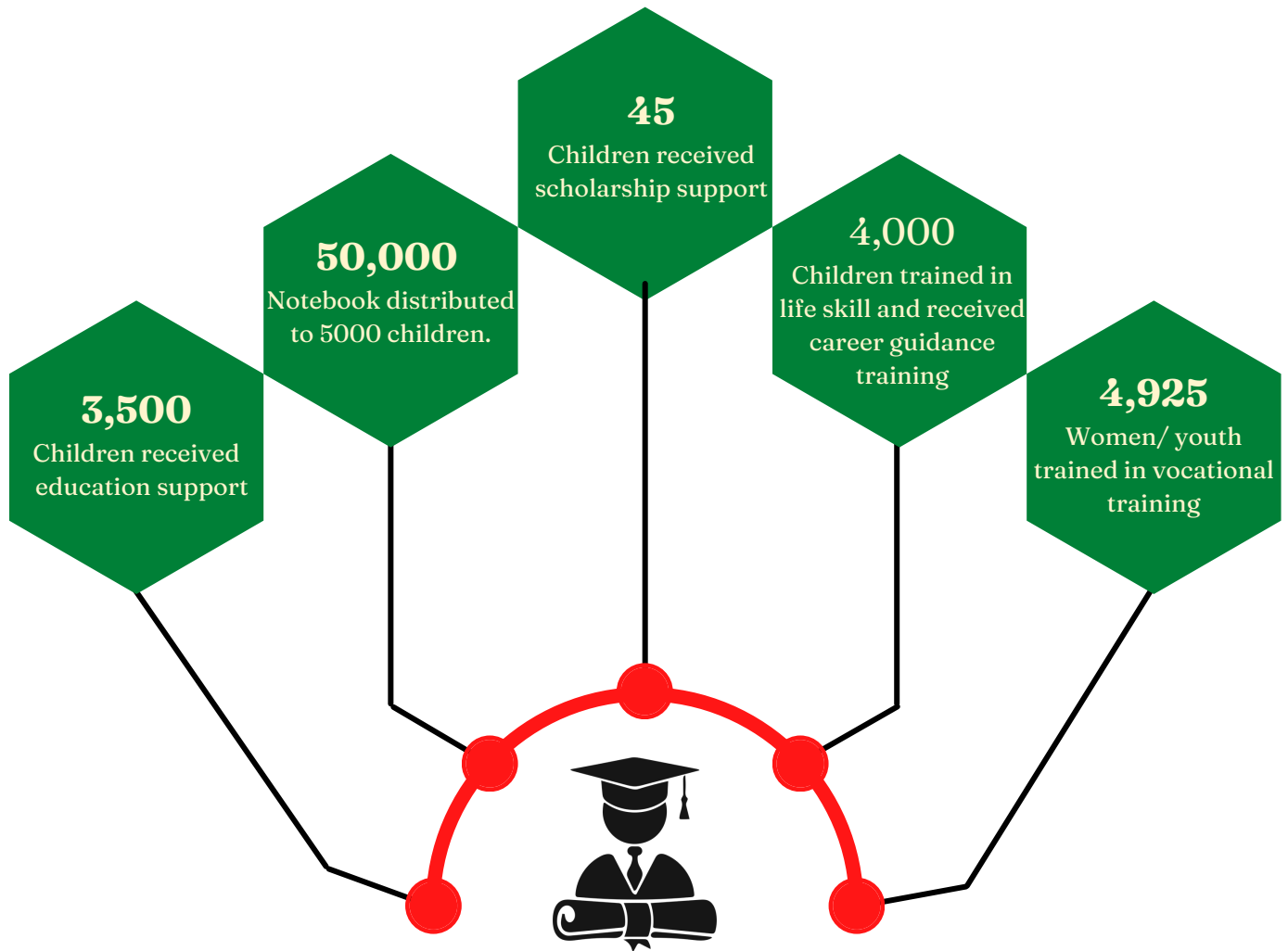
## HIV INTERVENTION AMONG FEMALE SEX WORKERS, MIGRANTS & INDUSTRIAL WORKERS

This is an continuous project and is supported by MDACS (Maharashtra District Aids Control Society) in Dharavi for female sex workers and migrants. For the industrial workers in Boisar the support is received from MSACS (Maharashtra State Aids Control Society). S.H.E.D has been focusing on female sex workers, migrants, industrial workers to create awareness, HIV and STI testing, counselling, referring affected people for ART treatment, condom distribution etc. In This year 424 health camps were conducted for 27,836 targeted beneficiaries in Dharavi and Boisar Area, 48 HIV affected people are taking ART from the government hospital. More than 35,000 people have been counselled for safe sex and a healthy lifestyle. More than 2,58,000 have been reached out and received this awareness.

During the second wave of COVID 19, MDACS has provided with ration support for 550 migrants.





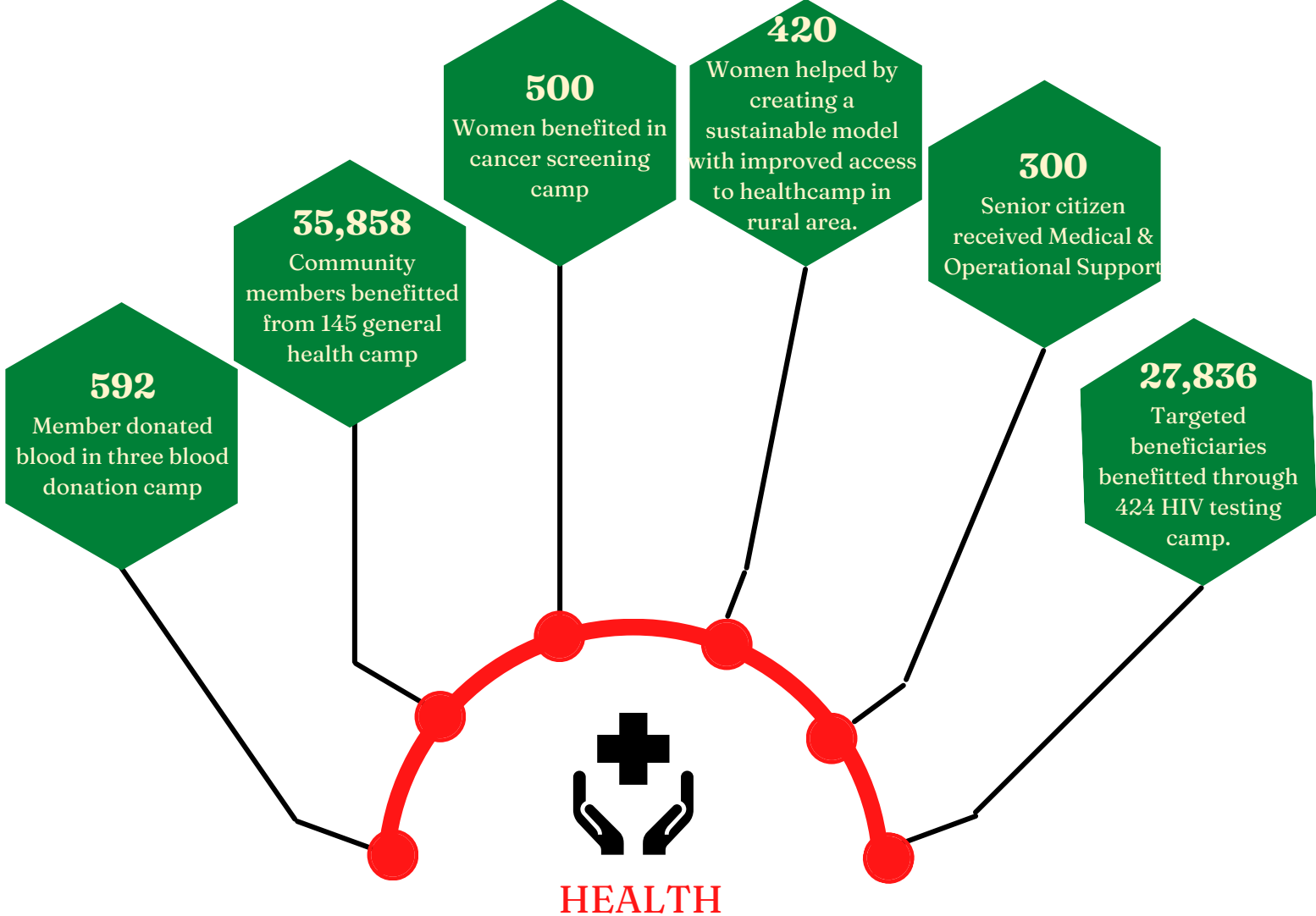


## EDUCATION

**17,470** community benefitted through our Education initiatives



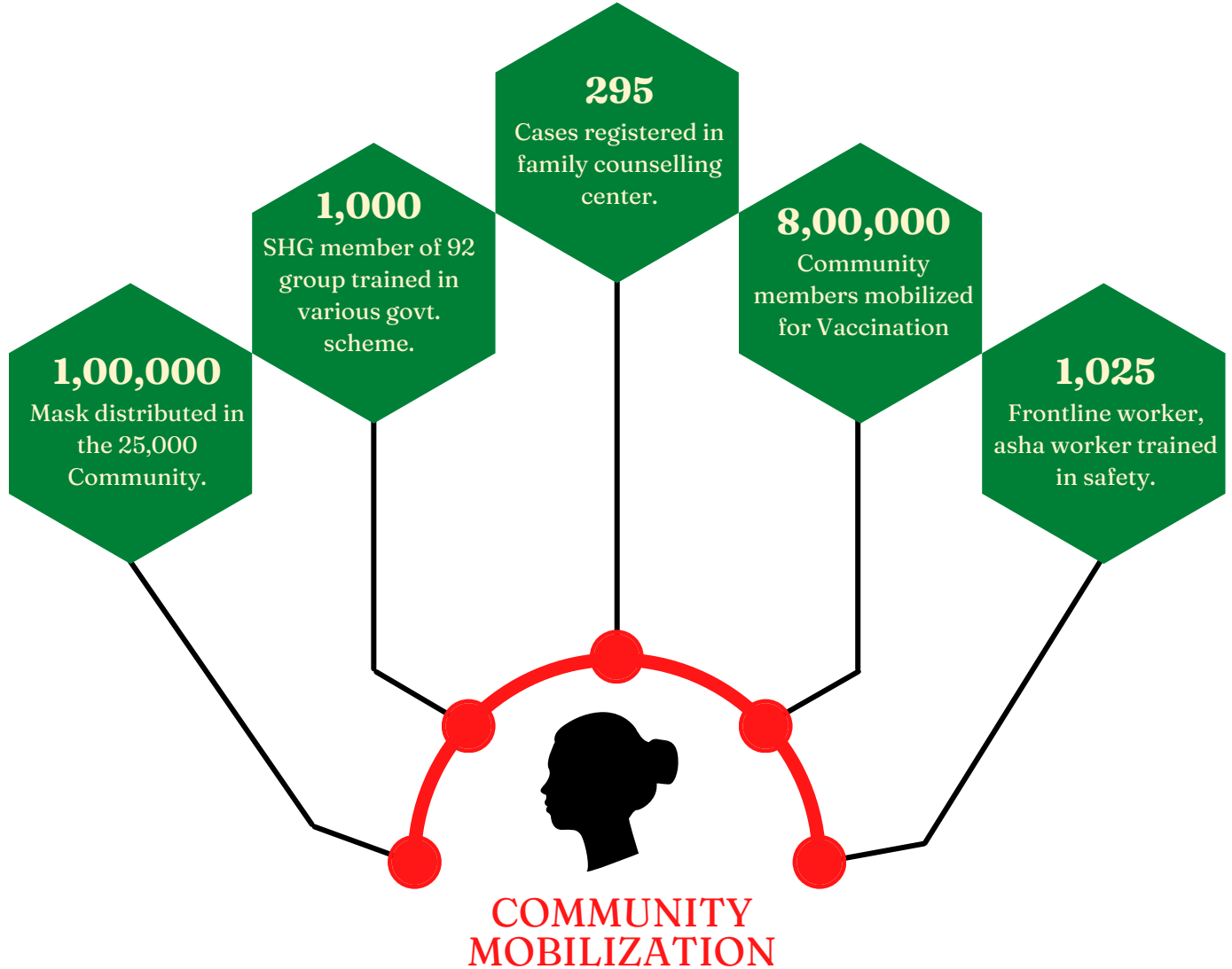




**65,506** community benefitted through our Health initiatives



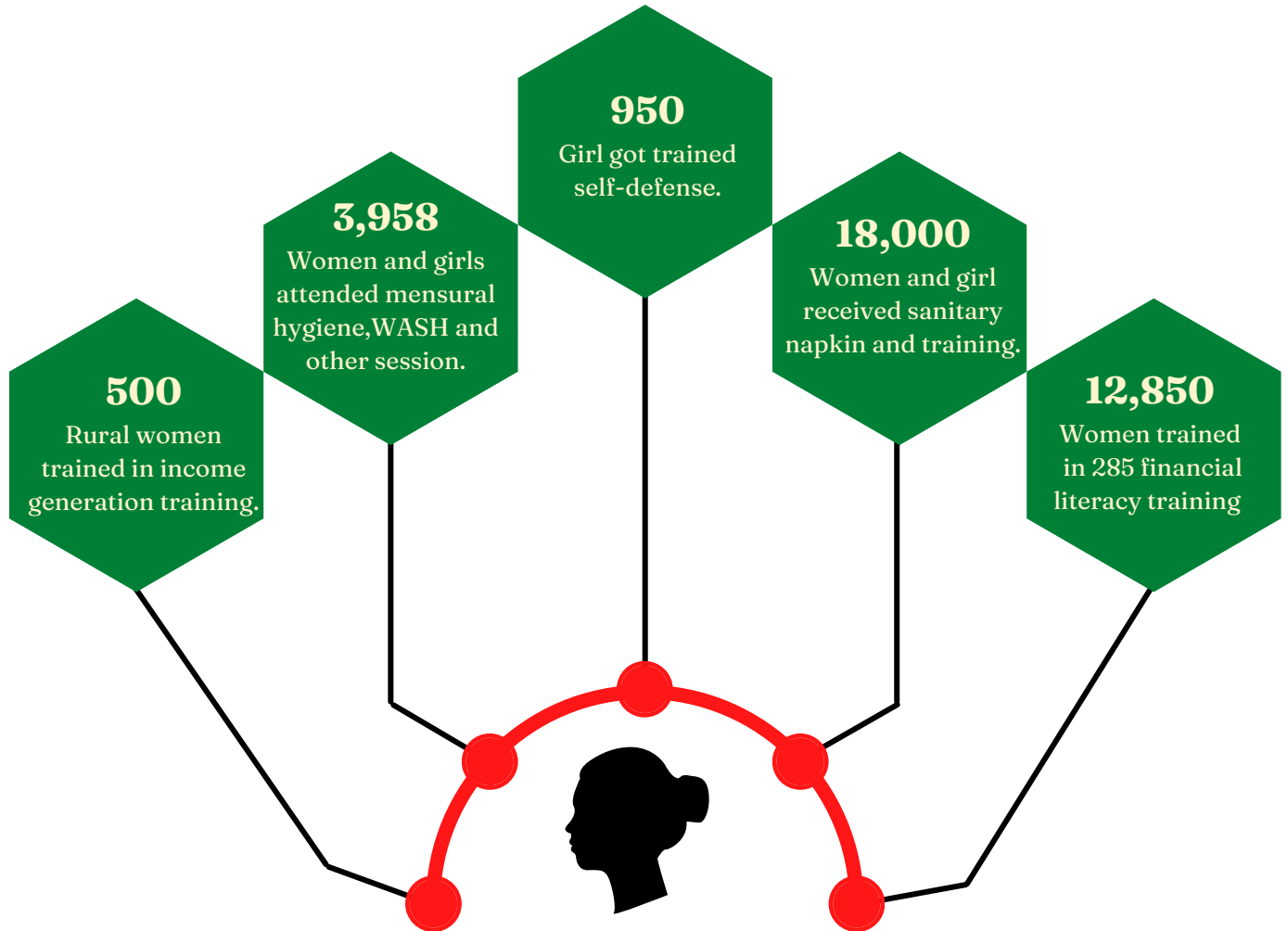




**8,26,412** community members benefitted through our Community Mobilization





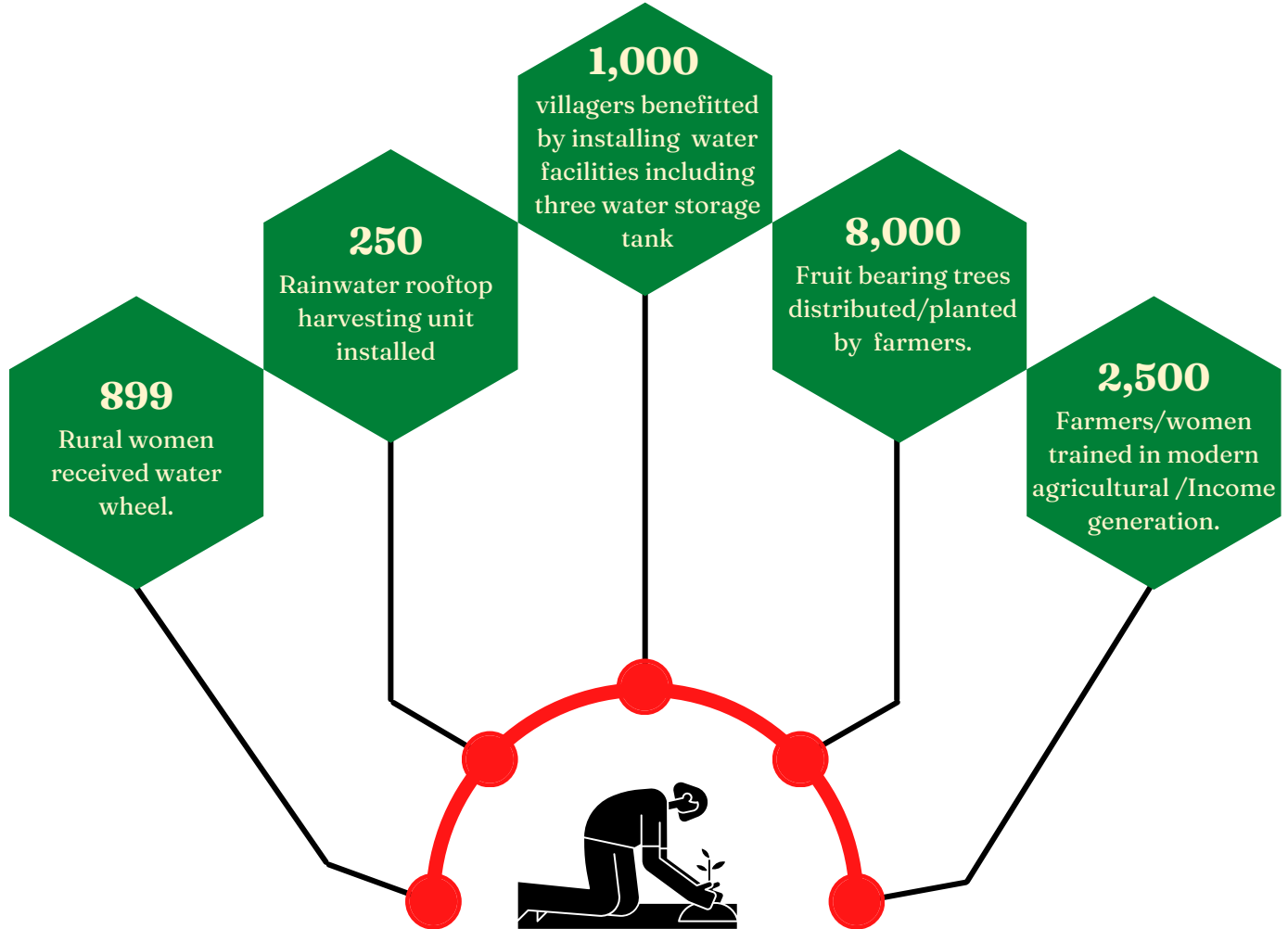


## WOMEN EMPOWERMENT

**36,258** community women benefitted through our Women Empowerment drive







## ENVIRONMENT

**12,649** community members benefitted through our Environment Support





**S.H.E.D HAS PROVIDED**

# **E** DUCATION XPERIENCE ARNINGS

S.H.E.D has been successfully implementing several programme in the field of Education, Health, Women Empowerment, Community Mobilisation and Environment. We are happy to announce that the beneficiaries of each programme are generating an honorable income for their families. Students continue to get quality education for their bright future, and S.H.E.D has catered to livelihood initiatives for **9,58,295** individuals/community members in various sectors. Sustainable Livelihood Training in various trades and life skills training for children, youth and women have been undertaken. The beneficiaries have started to earn their livelihood Income.





# STORIES OF IMPACT

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**SAKSHI SINGH**, lives in the slum area of Goregaon west in a rental house with her parent and elder brother. Sakshi's father is a security guard, and her mother is a housemaid. Her brother is studying. Sakshi completed her HSC. She wanted to work and complete her studies for which she joined our Prerna Centre for a Computer course. After completing her course, she works at the "Swaadhar Veggie cart" online service and handles delivery queries. She earns Rs. 10,000 per month and is very thankful to S.H.E.D as she could learn computers at a very affordable fee.



**VINOD GUPTA**, lives in Jogeshwari East with his elder brother and younger sister. Vinod's elder brother is dumb and deaf. His father expired when they were too small; his mother sells fruits on the roadside. Vinod wants to support his family. He graduated but wanted to learn computers to add to his skills. He is a very hardworking student. Today he works at "Deepti collection" as an accountant in Garment Hub near Jogeshwari Station. He is earning Rs.20,000 per month.

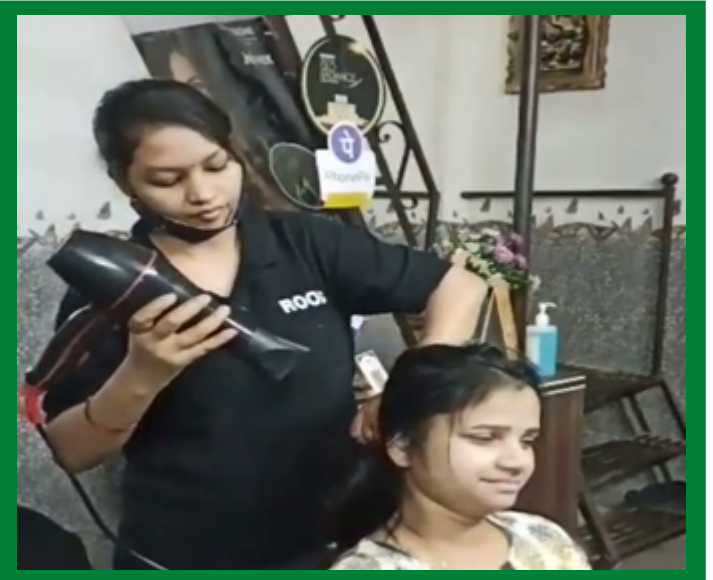


**RUTUJA APKAR**, lives in the Meghwadi slum at Jogeshwari east with her husband and son. For the last two years, her husband lost his job due to the pandemic, and at present, her husband is working on daily wages. Rutuja got to know about our Prerna centre from his friend, and she enrolled herself in our Tailoring course. She has completed the courses; previously, she came to the Prerna centre daily to complete her order and now, from that order money, she can buy her sewing machine and work from home. Presently, she earns Rs. 3000 -5000 per month.





**PINKY**, is our Beautician student who lives in Jogeshwari on rent with her husband, a tailor. Pinky is not educated and doesn't have any skills. She heard from a neighbour that S.H.E.D is providing a Beautician course with very affordable fees, so she joined the course, and after completing the course, she got work in "ROOPS Beauty Salon" at Andheri. She can now support her husband so they can make both ends meet.



**POOJA SINGH**, lives in Pumphouse Andheri with her parents and her younger brother. She had no interest in studies but wanted to learn a skill as her father was the only person earning in the house. Pooja completed our Tailoring course; she was very good at every work of stitching. Today she takes a lot of orders for different occasions and earns around Rs. 8000 per month.

**SUSHMA GUPTA**, our beautician student, lives in Jogeshwari west. She is a divorcee and also a Single mother. She is the sole earner of her house. After completing the course, she works at "Arshin Beauty Palour" Jogeshwari east. She is earning about Rs. 7000 per month.



**PUJA**, is 25 years old from Khatripada, and is a tribal woman. She is one of the beneficiaries of Project Roshni. After the mask awareness of the Covid-19 vaccination, Puja's was among the first beneficiaries from the Roshni project to be vaccinated. After her two Dose of vaccine, she started creating awareness on the importance of vaccination to other women who will benefit from all variants. For almost twenty-five days daily, 2 to 3 hours daily, she visited other remote padas to motivate women, children and the community for vaccination.





**RUCHITA**, is another Roshni beneficiary motivated by Puja and got vaccinated and started spreading awareness on Vaccination. She supported local Asha workers and aganwadies teachers to register and create awareness among tribal women in their local language.

**REENA BHOIR**, 38 years old, lives with her family at Shalechapada, Shilte with her husband ,two daughter ,one son and in-laws in a joint family. Very few people in the community have sewing skills, so the cost of sewing is expensive. She took part in the basic sewing training of the Roshni project for three months and gained basic knowledge and skills of sewing. She can now stitch blouse, a cholo, a shirt, a pair of pants, a dress etc. She is able to earn a good income, which has helped her and her family alot during the pandemic period.



**SHEELA**, a 30 yrs old beneficiary of our Roshni project was diagnosed with severe anaemia in 2015. Her HB levels were as low as 6.9 due to which she was unable to conceive for the last 10 years of her marriage. After she became a beneficiary under the anaemia management programme, she was treated for anaemia and other issues that helped give birth to a healthy child. Over time, Sheela built trust in the doctors and volunteers of Project Roshni and ensured that she took control of her health and well-being. For the past two years, Sheela has been able to maintain her HB levels above 12 and live a healthy life. She has got herself enrolled in the Kitchen garden produce programme and has begun earning a decent income.



**NITA BHUYAL**, is a 28-year-old tribal woman suffering from anaemia. She has four members in her family and was extremely poor. She became a beneficiary under Project Roshni in 2017 and since then has received a lot of support and empowerment from the Roshni team. Last few years, her husband lost his job and she had to become the breadwinner of the family. Nita took help from the Roshni team and got herself trained under the Kitchen garden produce programme. Roshni volunteers helped her get appropriate land with enough water supply and even helped her begin her business. In one year, Nita has been able to improve her financial condition and also train other women in starting their businesses.



**BHAVIKA**, was also suffering from Anaemia and was unaware of it. Through initiatives under the Roshni Project, her HB level has improved. She can live a healthy life without any further complications. She managed the house and looked after the children with a minimum amount from her husband's earnings. Today, she is a confident woman and self-entrepreneur. She was associated with the SHGs group. She started saving money with the knowledge gained about financial literacy and various schemes for tribes. She is running a general store in the pada. She is earning Rs.34k per month as net profit. She has also been associated with Roshni Project as a community leader. She conducts awareness sessions for women in the padas and volunteers with us in various activities.



**VAISHALI** came to us with a determination to do something in life. She was illiterate, anaemic and there was no financial support for her. She recovered with Nutrition supplements, medicines and timely follow up. She became a member of SHG and joined our skill training initiative. Learning basic tailoring was difficult for her due to not knowing anything about how to read, write. She accepted the challenge and worked on it. Now she is taking orders from individuals for Blouse making. Vaishali also has a daughter. Her husband goes on the farm as a daily wage earner. As a family, they are happy and not having any financial burden. She said this was possible due to a comprehensive project, which has changed the life of many women from tribal areas like her.





**SWEETY RAI**, 14 years old, currently studying in 9th std. Her mother is a housewife, and her father is a watchman. They stay in a joint family. Sweety's father is an alcoholic. Due to the home atmosphere, she avoided social situations, had difficulty making friends and isolated herself. Counselling by teachers, support and interaction helped her to boost her confidence. Even Sweety has improved her academic performance.



**AYESHA SIDDIQUE**, 14 years, is studying in 10th; her mother is a housewife, and her father is a scrap dealer. Ayesha has a large family staying together. Her father was the only source of income; he had suddenly started suffering from Gallstones. The doctor advised me not to work and take complete rest. Ayesha is a very simple girl and average in academics. Due to the family pressure, she wouldn't rail away on the wrong path at this age. S.H.E.D gave special counselling sessions and special attention to her. She has made herself more achievable and confident by gaining positive knowledge from teachers and is on the right path in her life now. It has been seen we can change the lives of any slum child by giving proper expertise and love.

**POOJA**, parents are daily wages earner. They had somehow managed and fulfilled their basic needs in the second wave. Six members in the family but there was no income source. Due to this challenging time, despite helping the family sell vegetables, Pooja passed the S.S.C board exam and scored 60%. Parents wish to further educate her, and our grateful sponsors have sponsored Pooja's dreams. Her smile shows her confidence and happiness in getting further education, and she said one day, she hopes to become a S.H.E.D Donor to sponsor somebody like her.







**MAJID ANSARI** and his brother Roshan Ansari were students in our supportive class. During the board exam time, his father passed away heart attack, and Majid lost confidence in giving further exams. Our staff gave him confidence and followed up regularly with Majid and his family to make them understand the importance of education for which the child should not drop out willingly. Majid scores well in his exams, and SHED has taken responsibility for his further education. Now his brother is working in a private sector job and looking after the family. S.H.E.D is proud to create a safe future and a child's well-being for better citizenship.

**Huzma**, aged 22 years, was suffering from domestic violence and harassment from her in-laws and husband for dowry. During the community awareness programme, she came forwards with this issue. Then she visited our family counselling centre at Dharavi with her newborn baby. Huzma was very helpless and did not receive any support from her parents, so she tolerated the harassment for the past several years. Our counsellor called the family members for the meeting and told her about women's laws and rights. Humza was not aware of this before. The family member has given the warning and taken in a written application for taking care of Humza and her child. Now, we can see the confidence in Humza to deal with mistreatment. She said, "SHED is a support system for every woman suffering from harassment". The women will be empowered with proper knowledge of their rights and laws.





# HERE'S WHAT SOME OF OUR STAFF HAVE TO SAY ABOUT S.H.E.D

“I joined S.H.E.D in 1988 a housewife who decided to do some work which would financially help my family. I was working within the framework of the work given to me. I did not have any experience in work, so I always thought I could not go beyond this. Madam Bilkees latif was an inspiration in my LIFE who always appreciated my work and encouraged me for whatever work I did for the community and that supports built my confidence. I went on and never turned back. Positive thinking means cultivating positivity in our minds so we can get through anything. Today after so many years, when I look at my journey, it is unbelievable because now people approach me for my guidance and advice. I thank S.H.E.D for nurturing, supporting and handholding me during the crisis. If SHED could not have given me a chance, I would have still remained a housewife.”



**Mariam Rashid**  
**Deputy CEO (S.H.E.D)**



**Alka Gharat**  
**Director of S.H.E.D (Kalina)**

“दुसऱ्याच्या सुखात स्वतःचे सुख समाधान आहे. या वृत्तीतून जीवन जगलात तर जीवन कृतार्थ होते ". या आपल्या मा. बिल्कीस मॅडम आणि स्कॉ. लीडर . के. मोहनराव यांच्या विचाराने 'शेड 'संस्थे मध्ये मी ३८ वर्षांचा कार्यकाळ पूर्ण करत आहे. शेड संस्थेची जी कार्यप्रणाली आहे, नियम व तत्त्वे आहेत, ह्याला अनुसरून आज शेड संस्था एका वेगळ्या पातळीवर पोचली आहे. ह्या संस्थेच्या माध्यमातून आजमितीस हजारो लाभार्थी येथील कौशल्य विकास आणि व्यावसायिक प्रशिक्षण उपक्रमाच्या द्वारे स्वतःच्या प्रगतीत सुधारणा आणि जीवनशैलीत बदल घडवून आणत आहेत.

'जगा आणि जगू ह्या 'मला तळागाळातील समाज शिकण्याची आणि समजण्याची कुवत आली. शेड मध्ये मला माझी आवड जपत काम करण्याची संधी मिळाली. विविध विषय आणि नविन उपक्रम ह्यातूनच नवीन शिकण्याची संधी मला मिळाली . शेड हीच माझी कर्मभूमी आहे... माझ्यातील कला जोपासण्याचे सारे श्रेय मी शेड संस्थेस देते. शेडच्या कार्यकालात मी पूर्णपणे तृप्त आहे.”



## ११ जगाला प्रेम अर्पवि या साठी सातत्यपूर्ण झटणारा शेड परिवार .....



**Baba Ji Ghule**  
Project Co-ordinator

सोसायटी फॉर ह्युमन अँड एन्व्हायरमेंटल डेव्हलपमेंट (शेड) या नावाने बेगम बिलकीस लतीफ यांनी लावलेल्या रोपट्याचा आज शेड परिवार नावाने वटवृक्ष झाला. मॅडम बरोबर ३० वर्षांपूर्वी युवक संघटक म्हणून जोडला गेलो.” खरा तो एकची धर्म जगाला प्रेम अर्पवि” या उक्ती प्रमाणे मॅडम आखून दिलेल्या मार्गावर आम्ही मार्गक्रमण करीत आहोत, मॅडम ने दिलेली ध्येय धोरण याचा कसोशीने प्रयत्न करीत आहोत . मॅडम जरी आज आमच्यात नसल्या तरी त्यांचे विचार आज आम्हाला पाउलो पाऊली मार्गदर्शक ठरत आहेत. मी बाबाजी घुले आज प्रकल्प समन्वयक म्हणून कार्य करीत आसतना सर्वसामान्यांचे आलेल्या प्रश्नावर योग्य दिशेने कायमचा सकारात्मक उपाय काढून देण्याचा सातत्य पूर्ण प्रयत्न असतो. त्यामुळे संस्थेचे मूळचे ध्येय समाजातील तळागाळातील लोकांचा सर्वांगीण विकास करावयाचे आजही टिकून आहे. संस्थेत अत्यंत पारदर्शी कारभार चालत असताना समाजातील शेवटच्या घटकाचा सुद्धा "समस्तां धीर तो द्यावा, सुखाचा शब्द “ या प्रमाणे पूर्ण विचार केला जातो. आलेल्या अडचणींना सर्वानुमते चर्चा करून निर्णय घेतला जातो. आस्था गतिशील आणि नामांकित शेड परिवाराचा एक सदस्य असल्याचा मला सार्थ अभिमान आहे.”

## १२ केल्याने होत आहे रे आधी केलेचि पाहिजे .....

प्रयत्नाचे फळ एक दिवस तर प्रत्येकाला मिळते पण त्यासाठी चिकाटीने मेहनत करण्याची गरज असते आणि त्याबरोबर संयम हवा असतो. आपल्या प्रयत्नांवर विश्वास असावा लागतो. मी आयुष्यामध्ये समाजाच्या विकासाचे ध्येय उराशी बाळगले त्या अनुषंगाने वाटचाल करण्याचा प्रयत्न केला परंतु त्या बरोबर मार्गदर्शनाची सुद्धा नितातं गरज असते. ते सातत्यपूर्ण मार्गदर्शन कै. मोहनराव सर, राजेंद्र तावडे सर, श्यामल सुर्वे मॅडम यांच्या माध्यमातून मिळाली.

सुरुवातीला मला ही नोकरी फार कठीण वाटली. सकाळी घड्याळाबरोबर कामावर हजर राहावे लागत होते. थोडाही उशीर झाला तर काय हे मोठा प्रश्न होता. दिवसभर गावानं मध्ये फिरत राहावे लागत होते. आठ तास कठोर परिश्रम करावे लागायचे. परंतु आदिवासी लोकांच्या चेहऱ्यावरचे हास्य पहिले कि दिवसभर केलेल्या कामाचे चीज झाल्यासारखे वाटायचे. अनौपचारिक शिक्षण, प्रौढ शिक्षण, पाणलोट विकास, वयक्तिक स्वच्छता, परिसर स्वच्छता, शुद्ध पेयजल, महिला मंडळ, युवा मंडळ, कौशल्य विकास अश्या विविध विषयावर काम करताना एक वेगळ्या प्रकारचा हुरूप येत असे, त्याच बरोबर नवनवीन गोष्टी शिकायला मिळत असत.

जवळ जवळ ३० वर्ष शेड नावाच्या वटवृक्षाच्या छायेत सातत्यपूर्ण पूर्वीच्याच उत्साहात कार्य करताना जीवनात पूर्ण पणे समाधानी आहे.”



**Nita Mahatre**  
Center In-charger(Saphale).

१३ मी श्री. भिमराव रामचंद्र घरत राहणार- सोनावे घरतपाडा ता. जि. पालघर येथे राहत असून मला समाजसेवेची आवड असल्यामुळे मी 'शेड' संस्थेत १९९२ साली कामावर रुजू झालो. तेव्हापासून संस्थेच्या ध्येय धोरणानुसार कामाला सुरुवात झाली. त्यामध्ये लोकांना येत असलेल्या सामाजिक आर्थिक शैक्षणिक, आरोग्य विषयक समस्या सोडविण्यासाठी संस्थेच्या माध्यमातून आरोग्य विषयक, शैक्षणिक सुधारणा, पर्यावरण पिण्याचे पाणी, पसरबाग, फळबाग लागवड, हे उपक्रम राबवून समस्या सोडविण्यास मदत झाली आहे. तसेच प्रशिक्षणांच्या माध्यमातून मला शिकण्याची संधी मिळाली. त्यामुळे मी समाधानी आहे अशी संधी संस्थेच्या माध्यमातून मिळाल्यामुळे मी संस्थेचा शतशः ऋणी आहे. धन्यवाद! ”



**Bhimrao Gharat**  
Program Officer.

“Your work is going to fill a large part of your life, and the only way to be truly satisfied is to do what you believe is great work. And the only way to do great work is to love what you do.” - Steve Jobs.



**Snehal Salunkhe**  
**Executive Program**  
**Officer.**

I have believed and experienced this quote since I started my journey with SHED in 2000. The 22 years journey has not only developed me as a person, but it also sharpens my skill to handle the challenges in the community and team management. So far, I have been instrumental in reaching out to more than 10 lakhs beneficiaries, including women, children, eldering, adolescents and youth, through various projects of S.H.E.D.

I am honored and express deep gratitude to be part of such a unique organisation and the people associated with it. Each member of the S.H.E.D family will have a special respect for our Founder, President Begum Bilkees Latif and Late Sqn Ldr (retd) K. Mohanrao for giving their valuable guidance and support during their tenure. It's my great honour to work with present S.H.E.D Executive Committee Members and Staff; their passion for developing marginalised communities gives me more confidence and enthusiasm.

S.H.E.D's primary motto is Women Empowerment, and I proudly have set the example of **"SELF-MADE WOMEN."**

“I, Deepa Sachin Dalvi, have been working at SHED since 2007 and have completed 15 years with great satisfaction and determination. Madam Bilkees Latif started with the thought of helping society work, and taking her idea forward under her leadership is the most incredible opportunity I have ever got. I am honoured to be part of this organisation where our 'Team Work' makes all 'Dream Work', which converts all desires into reality. I have received a lot of support and appreciation from my seniors in S.H.E.D. It has changed me 360 degrees as a professional by giving me space, building my capacities and providing me constant guidance.”



**Deepa Dalvi**  
**Executive Accountant.**





# OUR VOLUNTEERS

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It is a proud moment to share my story as a volunteer, the journey from a student to a volunteer has taught me the real values of life and society. I am a child who has grown up without parents and S.H.E.D has played that role in my life.

I came here as a student in the year 2013 and joined supportive class. I was never serious about my education but after being a part of S.H.E.D, I happen to realize the importance of values and education are a major part of life and that was a turning point for me and the way I was looking at life.

After nine years of my journey, I am still a part of the S.H.E.D Family and working as a volunteer. One day during the interaction I'd heard one sentence from my teacher, "Give back to the society", and now I am carrying the good deed forward by teaching the students the value and education I received.

## AATISH PAWAR

**22 years - Ex-Student of SHED Supportive Class**



I Volunteered for the Society for Human and Environmental Development(S.H.E.D) as part of my research. At S.H.E.D, my major focused was on the slum children. Interacting with each student and understanding their livelihood from non-migration to migration journey, S.H.E.D gave me the opportunity to develop the interpersonal skill of every individual student. In addition, I assisted office staff with writing briefs, reports, and presentations. Volunteering at S.H.E.D was an invaluable experience. The organization's holistic approach and the many areas it works in, from health to education and livelihoods training has benefited many. During my time at S.H.E.D, I often wrote short narratives of the beneficiaries of S.H.E.D's programme. Hearing their moving stories and seeing it first-hand, the impact of the organization's programmers emphasized the importance of organizations like S.H.E.D that work on the ground with communities.

S.H.E.D always taught me to serve the society, and that's what motivates me to do so.

**Riya Gorre - 24 years**





# AWARDS & RECOGNITION



## सफाळेवासियांना वॉटर व्हीलचा आधार

**सफाळे :** पालघर तालुक्यातील अनेक गावांमध्ये आजही पाणी पुरवठ्याच्या ठोस योजना नसल्याने गावापासून दोन ते तीन किलोमीटर अंतरावरून महिलांना डोक्यावरून पाणी आणावे लागत आहे. गावातील महिला आणि बालके गावापासून दोन ते तीन किलोमीटर वरून चालत जाऊन पाणी आणतात. डोक्यावर पाण्याचे दोन हंडे व कमरेवर एक हंडा अशा परिस्थितीत गावातील महिलांना दुरवरून पाणी आणावे लागत असल्या कारणाने त्यांना मानेचे व कमरेचे विकार होतात. त्यामुळे महिलांना मोठ्या त्रासाला सामोरे जावे लागत आहे. सध्याच्या काळात कोरोना बरोबरच इतर साथीच्या आजारांचा फैलाव होऊ नये यादृष्टीनं दाशेत, करसोडा, डोंगरीपाडा, माकुणसार, सोनावे, कातकरी पाडा, किरई पाडा आणि विराधन या गावातील गरजू महिलांना ६५५ वॉटर व्हीलचे वाटप करण्यात आले. रोटरी डिस्ट्रिक्ट ३१४१, रोटरी क्लब ऑफ बॉम्बे हॅंगिंग गार्डन, रोटरी क्लब ऑफ मुंबई सॉल्ट सिटी आणि मानव आणि परिसर विकास समिती यांच्यामार्फत नुकताच वॉटर व्हील उपक्रम राबविण्यात आला. प्रोजेक्ट डायरेक्टर

## जागतिक एड्स दिनानिमित्त जनजागृती

**धारावी :** १ डिसेंबर जागतिक एड्स दिनानिमित्त धारावीतील शेड संस्थेच्या वतीने धारावीसह दादर रेल्वे स्थानकावर जनजागृतीपर विविध उपक्रम राबविण्यात आले. स्वयंसेवकांनी पोस्टरद्वारे भरपावसात जनजागृती केली. त्यानुषंगाने सध्या गर्दीची ठिकाणे असलेल्या धारावीतील लसीकरण केंद्र, रेडिमेड गार्मेंट तसेच चामड्याच्या वस्तू बनविणाऱ्या कारखान्यांना भेटी देऊन या जीवघेण्या एचआयव्ही बाबत उपस्थितांशी चर्चा करून त्यांच्या प्रश्नांची उत्तरे देऊन त्यांच्या शंकांचे निरसन स्वयंसेवकांच्यावतीने करण्यात आले. तर दादर रेल्वे स्थानकावर ये- जा करणाऱ्या प्रवाशांशी सहा दिवस चालणाऱ्या एचआयव्ही तपासणी अभियानाची सुरुवात करण्यात आली असून तपासणी मोहीम दि. १, २, ७, ८, ९, १० या दिवशी दुपारी २ ते रात्री ८ वाजेपर्यंत चालणार आहे. या उपक्रमाला उत्स्फूर्त प्रतिसाद मिळाला. संसर्ग झाला तर घाबरून न जाता काय करायचे? तसेच सरकारी रुग्णालयात या संसर्गावर मोफत उपलब्ध असलेल्या आर्ट औषधांबद्दल विशेष माहिती देत सावधानता बाळगण्यासाठी उपलब्ध असलेल्या सुविधेचा वापर कसा करावा हे सांगण्यात आले. यावेळी शेडच्या डेप्युटी सीईओ मरियम रशीद, सुषमा यादव, कुटुंबीय समुपदेशक बाबाजी धुले यांच्यासह स्वयंसेवक कर्मचारी उपस्थित होते. याबाबत शेड संस्थेच्या संचालिका मरियम रशीद म्हणाल्या एड्सबाबत सर्वसामान्यांनगरिकात चांगलीच जनजागृती झाल्याने मुंबईत एड्सचे प्रमाण घटले आहे.



A proud moment for us as Project Roshni was recognised @NATHEALTH CSR AWARD 2022 for its contribution in enhancing public health and empowering communities in the tribal villages of Palghar. Thank you, Anju Vaishnava for representing Roche Diagnostics India at this prestigious platform. A big shout out to team CSR - Lilaram Chhaparwal, Sagar Kagwad, Seema Naraini, Dr Abida Juwle, Manjira Sharma and Raelene Kambli whose constant effort ensures Roshni brings light into the lives of many people.



**Project Roshni has been awarded the 2nd runner-up award at the NATHEALTH CSR AWARD.**



21st December 2021-"Times of India"

## ठाणेवैभव

**इनरवली क्लबच्या पुढाकाराने सफाळे महिलांसाठी कौशल्य प्रशिक्षण**



ठाणे: इनरवली क्लब ऑफ वॉर्मेन गार्डन हे ठाणे येथे या सफाळे संस्थेच्या वतीने राबविलेले कौशल्य प्रशिक्षण कार्यक्रम. यावेळी सफाळे संस्थेच्या वतीने राबविलेले कौशल्य प्रशिक्षण कार्यक्रम. यावेळी सफाळे संस्थेच्या वतीने राबविलेले कौशल्य प्रशिक्षण कार्यक्रम.

ठाणे आणि इनरवली क्लब ऑफ वॉर्मेन गार्डन या संस्थेच्या वतीने राबविलेले कौशल्य प्रशिक्षण कार्यक्रम. यावेळी सफाळे संस्थेच्या वतीने राबविलेले कौशल्य प्रशिक्षण कार्यक्रम. यावेळी सफाळे संस्थेच्या वतीने राबविलेले कौशल्य प्रशिक्षण कार्यक्रम.



# A Special Note of Thanks To All Our Donors

We are deeply grateful and thankful to each individuals, corporates, institutions and agencies who have come along on this over 40 years of journey with us. S.H.E.D is thrilled to have your kind support which will continue to support the mission and for changing the lives of those we serve together. -

## Individual Donor

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